

1 **TITLE**

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3 Risk stratification of childhood infection using host markers of immune and endothelial
4 activation: a multi-country prospective cohort study in Asia (Spot Sepsis)

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6

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43 **ABSTRACT**

44

45 *Background*

46 Circulating markers of immune and endothelial activation risk stratify infection syndromes
47 agnostic to disease aetiology. However, their utility in children presenting from the
48 community remains unclear.

49

50 *Methods*

51 This study recruited children aged 1-59 months presenting with community-acquired acute
52 febrile illnesses to seven hospitals in Bangladesh, Cambodia, Indonesia, Laos, and Viet Nam.
53 Clinical parameters and biomarker concentrations were measured at presentation. The
54 outcome measure was death or receipt of vital organ support within two days of enrolment.
55 Prognostic performance of endothelial (Ang-1, Ang-2, sFlt-1) and immune (CHI3L1, CRP, IP-
56 10, IL-1ra, IL-6, IL-8, IL-10, PCT, sTNFR-1, sTREM-1, suPAR) activation markers, WHO Danger
57 Signs, and two validated severity scores (LqSOFA, SIRS) was compared.

58

59 *Results*

60 3,423 participants were recruited. 133 met the outcome (weighted prevalence: 0.34%; 95%
61 CI 0.28-0.41). sTREM-1 exhibited highest prognostic accuracy (AUC 0.86; 95% CI 0.82-0.90),
62 outperforming WHO Danger Signs (AUC 0.75; 95% CI 0.70-0.80; $p < 0.001$), LqSOFA (AUC
63 0.74; 95% CI 0.70-0.78; $p < 0.001$), and SIRS (AUC 0.63; 95% CI 0.58-0.68; $p < 0.001$).
64 Discrimination of immune and endothelial activation markers was particularly strong for
65 children who deteriorated later in the course of their illness. Compared to WHO Danger
66 Signs, an sTREM-1-based triage strategy improved recognition of children at risk of
67 progression to life-threatening infection (sensitivity: 0.80 vs. 0.72), while maintaining
68 comparable specificity (0.81 vs. 0.79).

69

70 *Conclusions*

71 Measuring circulating markers of immune and endothelial activation may help earlier
72 recognition of febrile children at risk of poor outcomes in resource-constrained community
73 settings.

74

75 INTRODUCTION

76

77 Whether to refer a febrile child to hospital is a challenging decision facing frontline
78 community healthcare workers globally, particularly in resource limited and conflict affected
79 settings.^{1,2} Each day, children who will develop severe disease are missed while referrals of
80 illnesses suitable for community-based management incur avoidable cost for caregivers and
81 health systems.^{3,4} In rural locations of many low- and middle-income countries, referral
82 decisions are complex; influenced by poorly functioning health systems, limited referral
83 infrastructure, and geographic, climatic, socioeconomic, and cultural factors.⁵⁻⁷

84

85 In under-resourced peripheral healthcare settings, the World Health Organization (WHO)
86 recommends certain *Danger Signs* (convulsions, intractable vomiting, lethargy, or
87 prostration), to identify febrile children requiring hospital referral.^{8,9} Yet, these suffer from
88 considerable inter-observer variability and lack both sensitivity and specificity.^{10,11} Absence
89 of data on children managed in the community setting renders their validity questionable.¹²
90 Better risk stratification tools for common childhood infections are needed.

91

92 Circulating markers of immune and endothelial activation have consistently demonstrated
93 ability to risk stratify paediatric fever syndromes agnostic to disease aetiology.¹³⁻¹⁵ Elevated
94 concentrations of these markers indicate loss of endothelial integrity and microvascular
95 quiescence that contribute to disease progression, organ dysfunction, and death.¹⁶⁻¹⁸ They
96 may be of particular value for identifying patients whose illness severity is not clinically
97 apparent at presentation and who may be discharged and deteriorate at home.¹⁹ Whether
98 these findings apply at the community setting in Asia is unknown: most research has
99 included only hospitalised children, comprised single-site studies, and been conducted in
100 locations where prevalent causes of infection and host susceptibility patterns differ.^{13,20-23}

101

102 We report the first multi-country study of markers of immune and endothelial activation in
103 children presenting from the community setting with acute febrile illnesses. Our objective
104 was to determine whether presenting concentrations of these markers predict disease
105 progression, thereby assessing their potential to identify children at risk of severe disease,
106 relative to currently used clinical tools.

107 **METHODS**

108

109 *Study design*

110

111 Spot Sepsis was a multi-country, prospective, cohort study, which enrolled children (aged >
112 28 days and < 60 months) presenting with acute febrile illnesses to seven hospitals across
113 Bangladesh, Cambodia, Indonesia, Lao PDR (Laos), and Viet Nam. Sites predominantly
114 serving rural populations and providing a first point of contact with the formal healthcare
115 sector were prioritised (appendix p2-3).

116

117 Patients presenting with a febrile illness (axillary temperature $\geq 37.5^{\circ}\text{C}$ or $< 35.5^{\circ}\text{C}$ and/or
118 history of fever in the preceding 24 hours) of ≤ 14 days duration were eligible for inclusion.
119 Exclusion criteria were prior admission to any health facility during the current illness
120 episode, receipt of > 15 minutes parenteral treatment before screening, presentation within
121 3 days of routine immunisations, trauma as the reason for attendance, and/or specific
122 known comorbidities (chronic infection, immunosuppression, and/or active
123 cardiorespiratory conditions). Participants could only be enrolled once.

124

125 Patients were screened at presentation to the outpatient and emergency departments
126 during daytime working hours. Given high numbers of outpatients, consecutive enrolment of
127 outpatients was not feasible and recruitment was stratified by admission status. Inpatients
128 were enrolled consecutively. Outpatient recruitment was randomised using computer-
129 generated random number tables, with the preceding week's routinely collected hospital
130 attendance data providing the sampling frame (Table S1; appendix p4-5)

131

132 Caregivers of all participants provided informed written consent. The study was
133 prospectively registered on ClinicalTrials.gov (NCT04285021) and received ethical approval
134 from the sponsors and ethical review boards in all participating countries (Table S2;
135 appendix p6). MSF maintained a sponsor-investigator role for the study. The Wellcome Trust
136 had no role in study design, data collection, data analysis, data interpretation, writing of the
137 report, or decision to submit for publication.

138

139

140 *Data collection*

141

142 Trained study personnel measured vital signs and anthropometrics, assessed clinical signs
143 (including WHO Danger Signs), and collected venous blood samples and nasopharyngeal
144 swabs at enrolment (Table S3; appendix p7). Demographics and perinatal, past medical, and
145 illness histories were collected via interview with the participant's caregiver and entered
146 onto electronic case record forms using Android tablets via Open Data Kit Collect software.
147 Variable selection was informed by systematic review of the literature.²⁴ Prioritisation and
148 standardisation followed guidance set out by the Pediatric Sepsis Predictors Standardization
149 working group.²⁵

150

151 Participants were followed-up on days 2 and 28 after enrolment, with additional follow-up
152 on day 1 and at discharge for inpatients. Participants were provided with routine care by
153 their treating clinician. When feasible, the study supported collection and processing of
154 peripheral blood cultures at the discretion of the clinical team. Study monitoring was
155 conducted by the Clinical Trials Support Group at the Mahidol-Oxford Tropical Medicine
156 Research Unit (MORU) in Bangkok, Thailand.

157

158

159 *Selection of biomarkers and comparators*

160

161 Biomarkers were selected following review of the literature and expert consultation (Table
162 S4; appendix p8). Biomarkers useful for risk stratification in primary care, where the
163 aetiology of infection is typically unknown at the time of assessment, must be predictive
164 across a spectrum of pathogens. Hence, biomarkers with mechanistic links to final common
165 pathways of severe febrile illness and sepsis were prioritised.^{16,26-28} Markers of endothelial
166 activation included: angiotensin-1 (Ang-1); angiotensin-2 (Ang-2); and soluble fms-like
167 tyrosine kinase-1 (sFlt-1; sVEGFR-1). Markers of immune activation included: chitinase-3-like
168 protein-1 (CHI3L1); C-reactive protein (CRP); interferon-gamma-inducible protein-10 (IP-10;
169 CXCL-10); interleukin-1 receptor antagonist (IL-1ra); interleukin-6 (IL-6); interleukin-8 (IL-8);
170 interleukin-10 (IL-10); procalcitonin (PCT); soluble tumour necrosis factor receptor-1 (sTNFR-

171 1); soluble triggering receptor expressed on myeloid cells-1 (sTREM-1); and soluble
172 urokinase plasminogen activator receptor (suPAR).

173

174 Lactate, glucose, and haemoglobin were included as they are measurable using inexpensive
175 rapid tests, familiar to many clinicians, have prognostic value,²⁴ and promoted in paediatric
176 sepsis guidelines.²⁹⁻³¹

177

178 In addition to WHO Danger Signs, the Liverpool quick Sequential Organ Failure Assessment
179 (LqSOFA) and Systemic Inflammatory Response Syndrome (SIRS) scores were selected as
180 comparators (Table S5; appendix p9).^{32,33} LqSOFA is the most extensively studied age-
181 adapted version of the widely-endorsed qSOFA sepsis screening tool for adults.³⁴ It was
182 developed specifically for triaging febrile children presenting from the community setting
183 and outperformed other paediatric severity scores during external validation in Asia.³⁵
184 Although the Phoenix Sepsis Score has superseded SIRS as the international consensus
185 definition for paediatric sepsis, it does not yet offer a screening tool practicable in resource-
186 limited frontline healthcare settings.³¹ Thus, SIRS was included as a widely-recognised
187 paediatric sepsis screening tool.

188

189

190 *Laboratory procedures*

191

192 Venous blood samples and nasopharyngeal swabs were processed immediately. Complete
193 blood counts were performed on site. Peripheral blood cultures were processed at
194 accredited in-country laboratories. Aliquots of whole blood, EDTA-plasma, fluoride-oxalate-
195 plasma, and universal transport medium (UTM) were stored at -20°C or below. Samples
196 were then transported at -80°C to the MORU laboratories in Bangkok, Thailand for further
197 analysis and biobanking.

198

199 Biomarker concentrations were quantified in EDTA-plasma using the Simple Plex Ella
200 microfluidic platform (ProteinSimple, San Jose, CA, USA) and suPARnostic ELISA (ViroGates,
201 Denmark), as described in the appendix (Table S6; p10). Lactate (LACT2, Roche Diagnostics,

202 Germany) and glucose (GLUC3, Roche Diagnostics, Germany) concentrations were quantified
203 in fluoride-oxalate-plasma.

204

205 Nucleic acid was extracted from whole blood using the MagNA Pure 24 instrument and Total
206 NA Isolation Kit (Roche Diagnostics, Indianapolis, IN, USA) according to manufacturer
207 instructions. Whole blood viral (chikungunya, dengue, Japanese encephalitis, and Zika) and
208 bacterial (*Leptospira* spp., *Orientia tsutsugamushi*, and *Rickettsia* spp.) targets were detected
209 using laboratory developed real-time polymerase chain reaction (RT-PCR) multiplex assays.
210 Respiratory pathogen targets were detected directly from nasopharyngeal swabs using the
211 FilmArray RP2 panel (BioFire Diagnostics, Salt Lake City, UT, USA), with the exception of
212 Cambodian samples, according to manufacturer protocols. Cambodian respiratory samples
213 were processed for influenza A/B and respiratory syncytial virus (RSV) using the FTD
214 FLU/HRSV assay (Siemens, Germany). All sites used an in-house developed multiplex RT-PCR
215 assay for the detection of SARS-CoV-2 from nasopharyngeal swabs based on the E and N
216 genes as described previously.³⁶ Molecular targets were restricted to pathogens for which
217 illness causality can be more confidently ascribed.³⁷

218

219

220 *Outcomes*

221

222 The outcome measure was development of severe febrile illness within two days of
223 enrolment, defined as death and/or receipt of vital organ support (mechanical and/or non-
224 invasive ventilation and/or inotropic therapy and/or renal replacement therapy).

225

226 Prespecified subgroup analyses included children with microbiologically-confirmed
227 infections and different presenting clinical syndromes. Prognostic accuracy of the biomarkers
228 and clinical assessment tools was explored across prediction horizons (< 4 hours, ≥ 4 hours, ≥
229 24 hours, and ≥ 48 hours). These secondary analyses were planned to test the hypotheses
230 that immune and endothelial activation markers would predict disease progression across
231 different microbial aetiologies (i.e., were 'pathogen agnostic'), and that value of biomarker
232 measurements would be greatest in children whose illnesses progressed later after the point
233 of presentation.^{19,26,28}

234

235

236 *Sample size*

237

238 Spot Sepsis had two main objectives prespecified in the study protocol: to examine the
239 prognostic performance of individual host biomarkers and to develop a clinical prediction
240 model.³⁸ The methods of Riley et al. were followed to estimate the sample size required to
241 build the clinical prediction model, reported separately, recognising that this would be
242 adequate to evaluate the prognostic performance of individual host biomarkers.³⁹

243

244

245 *Statistical analyses*

246

247 Complete case analyses were used as missing data among the primary comparators
248 (immune and endothelial activation markers and WHO Danger Signs) were few. Categorical
249 and continuous variables were summarised using descriptive statistics and compared with
250 the Wilcoxon rank sum test, Pearson's X^2 test, or Fisher's exact test as appropriate. Site-
251 specific outpatient weights were determined by estimating the proportion of all eligible
252 outpatients recruited (Table S1; appendix p4-5). The prognostic accuracy of each biomarker,
253 WHO Danger Signs, and clinical severity scores was quantified using the weighted area
254 under the receiver operating characteristic curve (AUC). Probability weights were applied to
255 adjust for unequal probabilities of selection in the sample, arising due to stratified
256 recruitment. When evaluating combinations of characteristics, such as WHO Danger Signs
257 and sTREM-1, a weighted logistic regression model was used to generate predicted
258 probabilities, which were subsequently used to estimate the AUC.⁴⁰

259

260 RESULTS

261

262 *Study cohort*

263

264 Between 5 March 2020 and 4 November 2022, 11,947 children were screened, of whom
265 3,995 were eligible (3,995/11,947; 33.4%) and 3,423 were recruited (572/3,995; 14.3%
266 refusal rate). Eighteen participants were lost to follow-up (18/3,423; 0.5%) and excluded
267 from further analyses (Figure S1; appendix p11).

268

269 Median age was 16.8 months (interquartile range [IQR] 8.7-31.0) and 60.0% of the cohort
270 were male (2,029/3,405). Few participants had a known comorbidity (102/3,405; 3.0%).

271 Approximately one in five children were wasted (weight-for-height z-score [WHZ] < -2;
272 585/3,393; 17.2%) and/or stunted (height-for-age z-score [HAZ] < -2; 664/3,401; 19.5%), and
273 half of these were severely malnourished (WHZ and/or HAZ < -3). Median duration of illness
274 prior to presentation was 3 days (IQR 2-4). The majority of children (2,333/3,405; 68.5%)
275 lived within an hour of the hospital. 1,342 participants (1,342/3,405; 39.4%) had received
276 care in the community at an earlier point in their illness: none had been admitted and 193
277 (193/3,405; 5.7%) had received parenteral treatment (Table S7; appendix p12). Table 1
278 shows presenting clinical data for the cohort. Additional information is provided in the
279 appendix (Tables S8 and S9; p13-18).

280

281

282 *Outcomes*

283

284 133 children met the outcome (133/3,405; 3.9%): 22 deaths and 111 survivors who required
285 vital organ support (Bangladesh, n = 39; Cambodia, n = 36; Viet Nam 1, n = 32; Viet Nam 2, n
286 = 26). The weighted outcome prevalence was 0.34% (95% confidence interval [CI] = 0.28-
287 0.41; appendix p4-5). Young age, age-adjusted tachycardia, abnormal mental status, and
288 bedside signs of poor peripheral perfusion and respiratory compromise were more common
289 in participants who progressed to severe disease (Table 1; Table S8; appendix p13-14).

290 Presence of a WHO Danger Sign at enrolment was associated with meeting the outcome, as

291 were higher LqSOFA and SIRS scores (Table 1). Presenting plasma concentrations of the
292 biomarkers stratified by outcome status are shown (Figure 1; Table S10; appendix p19).

293

294

295 *Risk stratification*

296

297 The predictive performance of each circulating marker is presented in Figure 2a, alongside
298 the performance of WHO Danger Signs and the clinical severity scores. sTREM-1 showed
299 best prognostic accuracy (AUC 0.86; 95% CI 0.82-0.90), demonstrating superior ability to
300 discriminate children who would progress to severe disease, compared to other circulating
301 markers, WHO Danger Signs (AUC 0.75; 95% CI 0.70-0.80; $p < 0.001$), and the clinical severity
302 scores (LqSOFA: AUC 0.74; 95% CI 0.70-0.78; $p < 0.001$; SIRS: AUC 0.63; 95% CI 0.58-0.68; $p <$
303 0.001). Combining WHO Danger Signs with sTREM-1 (AUC 0.88; 95% CI 0.85-0.91) did not
304 improve performance over sTREM-1 alone ($p = 0.24$; Figure 2b)

305

306 Sensitivity and specificity of WHO Danger Signs for recognising children who would progress
307 to severe disease was 0.72 (95% CI 0.66-0.79) and 0.79 (95% CI 0.76-0.82), respectively.

308 sTREM-1 concentrations selected to provide equivalent sensitivity or specificity, improved
309 classification (Table 2). Using the Youden index to identify a sTREM-1 threshold for triage
310 resulted in a sensitivity of 0.80 (95% CI 0.73-0.85) and specificity of 0.81 (95% CI 0.78-0.83).

311 At the current outcome prevalence (0.34%), compared to using WHO Danger Signs, sTREM-
312 1-based triage would identify one additional child who would progress to life-threatening
313 infection for every ~3,000 children tested, without compromising specificity (increasing false
314 positives).

315

316

317 *Prognostication in microbiologically-confirmed infections*

318

319 A microbiological cause for infection was confirmed in 898 children (898/3,405; 26.4%): 429
320 RSV, 164 arboviral infections (109 dengue, 47 chikungunya, 8 Zika); 146 influenza (87
321 influenza A, 59 influenza B); 81 SARS-CoV-2; 59 human metapneumovirus; 19 bacteraemias
322 (Table S11; appendix p20); 9 rickettsial infections (6 *Rickettsia* spp., 3 *Orientia*

323 *tsutsugamushi*); 9 pertussis (8 *Bordetella parapertussis*, 1 *Bordetella pertussis*); 4
324 leptospirosis; 3 *Chlamydia pneumoniae*; and 3 *Mycoplasma pneumoniae*. Thirty four
325 children had co-infections with two pathogens. Full details are provided in the appendix
326 (Table S11; p20). Amongst participants with microbiologically-confirmed infections,
327 prognostic accuracy of the circulating markers, WHO Danger Signs, and LqSOFA was largely
328 unchanged (Table S12; appendix p21), with sTREM-1 providing best discrimination (AUC
329 0.88; 95% CI 0.83-0.94). Few participants had confirmed bacterial infections (n = 47),
330 precluding comparison of prognostic performance between children with viral and bacterial
331 infections.

332

333

334 *Syndrome-specific prognostication*

335

336 In children whose presentations met WHO-pneumonia criteria (cough and/or difficult
337 breathing with age-adjusted tachypnoea and/or chest indrawing),⁸ prognostic accuracy of
338 sTREM-1 (AUC 0.84; 95% CI 0.78-0.94; Table S12; appendix p21) was matched by two
339 markers of endothelial activation, Ang-2 (AUC 0.85; 95% CI 0.79-0.91) and sFlt-1 (AUC 0.84;
340 95% CI 0.77-0.90). Discrimination of the clinical assessment tools was poorer: WHO Danger
341 Signs (AUC 0.58; 95% CI 0.50-0.65; p < 0.001); LqSOFA (AUC 0.72; 95% CI 0.66-0.78; p <
342 0.001); and SIRS (AUC 0.62; 95% CI 0.53-0.70; p < 0.001). The remaining outcome events
343 were dispersed across clinical syndromes, precluding additional syndrome-specific analyses.
344 Aggregate results for all non-respiratory presentations are included in the appendix (Table
345 S12; p21).

346

347

348 *Prognostication across prediction horizons*

349

350 Extending the prediction horizon to include all cases of severe febrile illness occurring during
351 follow-up (up to day 28), identified an additional 10 children (2 deaths and 8 survivors who
352 required vital organ support). Data for time-stratified analyses were available for 139/143
353 (97.2%) children: 56 met the outcome within 4 hours, 83 after more than 4 hours, 42 after
354 more than 24 hours, and 21 after more than 48 hours from enrolment. For most circulating

355 markers there was a trend to improved discrimination at distal prediction horizons (Figure
356 3). WHO Danger Signs performed consistently across prediction horizons. Performance of
357 the clinical severity scores was better for children whose illnesses progressed soon after
358 enrolment. sTREM-1 remained superior to other markers and clinical assessment tools
359 across all horizons, demonstrating an AUC of 0.94 (95% CI 0.89-0.98) for discrimination of
360 children who progressed to severe disease more than 48 hours after presentation.

361

362

363 *Sensitivity analyses*

364

365 sTREM-1 maintained prognostic accuracy and outperformed the clinical assessment tools
366 across sites (AUCs 0.84-0.89; Table S13; appendix p22-23). Sensitivity analyses excluding the
367 northern Viet Nam site (n = 612), which departed from the ideal rural target site profile and
368 where outpatient weighting was derived using different methodology (Tables S1 and S13;
369 appendix p4-5 and p22-23), did not affect the results. Finally, in a sensitivity analysis
370 restricted to children who had not received parenteral treatment at the study site prior to
371 baseline data or sample collection (3,037/3,045; 89.2%), sTREM-1 remained the best
372 prognostic indicator (AUC 0.82; 95% CI 0.76-0.88; Tables S14a and S14b; appendix p24-25).

373 **DISCUSSION**

374

375 In this large and geographically diverse Asian study investigating circulating markers of
376 immune and endothelial activation for the risk stratification of unselected febrile children
377 presenting from community settings, we found sTREM-1 to be consistently superior to WHO
378 Danger Signs (the current standard of care) and LqSOFA (a validated clinical severity score)
379 across prediction horizons, sites, presenting clinical syndromes, and in participants with
380 microbiologically-confirmed infections.

381

382 Previous studies highlight the promising prognostic performance of sTREM-1.^{13,20,21,23,41,42}
383 However, these focussed exclusively on hospitalised children. Our results provide the first
384 definitive evaluation at the community level, where need for better triage tools is most
385 urgent.^{1,43} We identified sites serving as the first point of presentation for rural populations,
386 enrolled unselected febrile children including outpatients, recruited participants
387 immediately upon presentation, excluded children admitted elsewhere prior to screening,
388 and adopted an analysis strategy ensuring an outcome prevalence reflective of community
389 care settings.^{44,45}

390

391 Our findings support the evidence that certain circulating markers of endothelial and
392 immune activation are pathogen agnostic, reflecting final common pathways to severe
393 infection.^{15,26,28} Thus, they are attractive candidates for risk stratification in primary care,
394 where the cause of infection is typically unknown at the time of triage and recognising which
395 child's illness is likely to progress remains a major clinical challenge. Endothelial dysfunction
396 has been demonstrated in ambulatory children with infection.⁴⁶ However, until now it was
397 unclear whether concentrations of these markers would be elevated sufficiently early in the
398 natural history of infection to permit their use for risk stratification at the community level.
399 The results of this study, in conjunction with two previously published smaller community-
400 based studies, suggest that this approach warrants further attention.^{19,27}

401

402 The results of our study are consistent with a study of 507 febrile adults conducted in
403 Tanzanian outpatient clinics, which reported an AUC for sTREM-1 of 0.87 (95% CI 0.81-0.92)
404 for predicting death within 28 days.²⁷ In a study of children with pneumonia presenting to a

405 primary care clinic on the Thailand-Myanmar border, Ang-2 demonstrated best prognostic
406 performance (AUC 0.81; 95% CI 0.74-0.87) to predict supplemental oxygen requirement,
407 whereas sTREM-1 did not show discriminatory value (AUC 0.56; 95% CI 0.49-0.63).¹⁹ In part,
408 this may relate to the focus on pneumonia: Ang-2 was the top-performing marker amongst
409 children with pneumonia in our study, although performance of sTREM-1 also remained
410 comparable. Alternatively, the contrasting findings may be explained by the more proximal
411 endpoint (supplemental oxygen requirement vs. vital organ support and death) or pre-
412 analytical differences in sample matrix or storage conditions, which are known to influence
413 biomarker concentrations.⁴⁷

414

415 This is the first multi-country study investigating circulating markers of immune and
416 endothelial activation in childhood infection. Other key strengths include: a study design
417 which maximised relevance for community settings as detailed above; the inclusion of a
418 prespecified panel of biomarkers compiled based on existing literature and underpinned by
419 mechanistic links to sepsis pathophysiology, which lends face validity to the findings;
420 simultaneous quantification of multiple markers in a central laboratory to ensure
421 comparability of findings; and recruitment across seven sites in five countries for over 30
422 months, which improves geographic and seasonal generalisability.

423

424 There are several limitations. Despite steps taken to optimise external validity to community
425 settings, inherent differences between patients presenting to rural hospital outpatient
426 departments and primary care facilities will remain. Amongst children progressing to severe
427 febrile illness, median time to developing severe disease was 6 hours (IQR 2-30), indicating a
428 level of severity at presentation that may not be replicated in some community care settings.
429 Nevertheless, time-stratified analyses demonstrate that discrimination of most circulating
430 markers was strongest in children who progressed to severe disease later; a finding not
431 observed for the comparator clinical assessment tools. This suggests that biomarkers may be
432 of greatest value in patients whose illness severity is not clinically apparent at presentation
433 and who are at risk of being sent home and deteriorating. This is consistent with previous
434 work in childhood pneumonia and has implications for operationalising biomarker tests.¹⁹
435 Our analyses were structured such that every child would receive a biomarker test. Whilst
436 this may be appropriate in certain settings,^{1,48} in others a point-of-care test would likely be

437 used selectively on children for whom decisions to refer are borderline. Future work must
438 explore different strategies for integrating biomarker testing into patient triage and compare
439 the cost-effectiveness of different approaches.

440

441 Our outcome measure was selected as it is unlikely to be influenced by factors other than
442 disease severity. Small amounts of outcome misclassification can substantially impact
443 estimates of predictor performance.⁴⁹ Nevertheless, predictors of severe disease may not
444 generalise to more proximal outcomes. Studies in Covid-19 and childhood pneumonia
445 indicate that sTREM-1 concentrations do not predict supplemental oxygen requirement as
446 accurately as they do mortality.^{19-21,50,51} This underscores the importance of including a
447 range of outcomes when evaluating the performance of predictors in primary care.

448

449 The impact of the Covid-19 pandemic must be considered. The majority of children
450 (2,861/3,405; 84.0%) were tested for SARS-CoV-2 and few (81/2,861; 2.8%) found to be
451 infected. Findings should not be biased towards biomarkers implicated in this specific
452 infection. Nevertheless, health systems and care-seeking pathways were substantially
453 impacted during the pandemic, with both attendance rates and the proportion of patients
454 with severe outcomes generally lower than anticipated based on pre-pandemic baseline
455 data. In particular, no severe outcomes were observed at the Indonesia or Laos sites. It will
456 be important to assess the generalisability of our results in non-pandemic times.

457

458 Concentrations of circulating markers of immune and endothelial activation predict disease
459 severity across a spectrum of common childhood infections. We demonstrate that these
460 findings may be applicable at the community level, where need for better risk stratification
461 tools is most urgent. Amongst the markers studied, sTREM-1 holds most potential,
462 demonstrating improved sensitivity and specificity compared to the existing standard of
463 care. Future work should focus on validating these findings, explore different approaches for
464 integrating biomarker testing into patient triage, and assess cost-effectiveness. Priority
465 should be given to biomarkers that are harbingers for disease progression and facilitate
466 earlier recognition of patients in whom illness severity is not yet clinically apparent at
467 presentation. Ultimately, point-of-care tests for the most promising biomarkers must be

468 developed if the clinical utility of biomarker-based triage strategies is to be assessed in
469 definitive randomised controlled trials.

470 **CONTRIBUTORS**

471

472 AC, CK, RAA, PT, MM, EAA, EA, RPS, MRG, YL, and SB conceptualised the study. AC, DTVA, SK,
473 PNTN, SR, KS, SV, PHP, DM, BTL, and EA acquired the data. AC, RM, and MRG curated the
474 data. AC, CK, RM, and RPS did the formal analysis. YL and SB acquired funding. AC wrote the
475 original draft of the manuscript. AC, CK, RM, RAA, DTVA, SK, PNTN, SR, KS, SV, PT, PHP, DM,
476 MM, BTL, EAA, EA, RPS, MRG, YL, and SB reviewed and edited the manuscript. AC, CK, RM,
477 MRG, YL, and SB verified the underlying data.

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480 **DECLARATION OF INTERESTS**

481

482 All authors declare no competing interests.

483

484

485 **DATA SHARING**

486

487 De-identified, individual participant data from this study will be available to researchers
488 whose proposed purpose of use is approved by the data access committees at *Médecins*
489 *Sans Frontières* and the Mahidol-Oxford Tropical Medicine Research Unit. Enquiries or
490 requests for the data may be sent to data.sharing@london.msf.org and
491 datasharing@tropmedres.ac. Researchers interested in accessing biobanked samples should
492 contact the corresponding author who will coordinate with the Spot Sepsis Sample Use
493 Committee.

494

495

496 **ACKNOWLEDGEMENTS**

497

498 We are extremely grateful to all the participants and their caregivers, and the laboratory and
499 research staff at the participating sites and MORU laboratories in Bangkok for specimen
500 processing, data management, and study monitoring. We acknowledge the support of the
501 Mériex Foundation who provided laboratory consumables and equipment for some of the

502 respiratory specimen assays. We also acknowledge the valuable support and guidance of
503 Nicholas J White (MORU) at key points during the study.

504 **TABLE 1. Presenting clinical characteristics, stratified by whether a child progressed to**
505 **develop severe disease within two days of enrolment.**
506

Characteristic	Overall N = 3,405 ¹	Non-severe N = 3,272 ¹	Severe N = 133 ¹	p-value ²
Demographics and background				
Age (months)	16.8 (8.7, 31.0)	17.3 (9.1, 31.3)	4.9 (2.6, 17.3)	<0.001
Male sex	2,029 / 3,405 (60%)	1,941 / 3,272 (59%)	88 / 133 (66%)	0.11
Known comorbidity	102 / 3,405 (3.0%)	100 / 3,272 (3.1%)	2 / 133 (1.5%)	0.4
Recent admission ^a	429 / 3,394 (13%)	412 / 3,262 (13%)	17 / 132 (13%)	>0.9
Anthropometrics				
Weight-for-age z-score	-0.8 (-1.7, 0.0)	-0.8 (-1.7, 0.1)	-1.1 (-2.5, -0.2)	0.004
Wasted (WHZ < -2) ^{b,*}	585 / 3,393 (17%)	551 / 3,261 (17%)	34 / 132 (26%)	0.008
Stunted (HAZ < -2) [*]	664 / 3,401 (20%)	629 / 3,268 (19%)	35 / 133 (26%)	0.044
Illness history				
Duration of illness (days)	3.0 (2.0, 4.0)	3.0 (2.0, 4.0)	3.0 (2.0, 5.0)	0.003
Sought care prior to presentation	1,753 / 3,405 (51%)	1,681 / 3,272 (51%)	72 / 133 (54%)	0.5
Travel time to study site ≤ 1 hour	2,777 / 3,405 (82%)	2,682 / 3,272 (82%)	95 / 133 (71%)	0.002
Presenting syndrome				
Upper respiratory tract infection	1,121 / 3,405 (33%)	1,082 / 3,272 (33%)	39 / 133 (29%)	0.4
Lower respiratory tract infection	1,347 / 3,405 (40%)	1,261 / 3,272 (39%)	86 / 133 (65%)	<0.001
Diarrhoeal	646 / 3,405 (19%)	631 / 3,272 (19%)	15 / 133 (11%)	0.021
Neurological	430 / 3,405 (13%)	416 / 3,272 (13%)	14 / 133 (11%)	0.5
No focus	527 / 3,405 (15%)	519 / 3,272 (16%)	8 / 133 (6.0%)	0.002
Severity at presentation				
Any WHO Danger Sign present [*]	1,607 / 3,398 (47%)	1,512 / 3,266 (46%)	95 / 132 (72%)	<0.001
<i>Prostration</i> ^c	240 / 3,405 (7.0%)	192 / 3,272 (5.9%)	48 / 133 (36%)	<0.001
<i>Intractable vomiting</i> [*]	687 / 3,401 (20%)	645 / 3,268 (20%)	42 / 133 (32%)	<0.001
<i>Convulsions</i> [*]	433 / 3,400 (13%)	419 / 3,268 (13%)	14 / 132 (11%)	0.5
<i>Lethargy</i> ^{d,*}	825 / 3,399 (24%)	764 / 3,267 (23%)	61 / 132 (46%)	<0.001
LqSOFA score [*]				<0.001
0	2,639 / 3,402 (78%)	2,579 / 3,269 (79%)	60 / 133 (45%)	
1	642 / 3,402 (19%)	596 / 3,269 (18%)	46 / 133 (35%)	
2	98 / 3,402 (2.9%)	78 / 3,269 (2.4%)	20 / 133 (15%)	

Characteristic	Overall N = 3,405 ¹	Non-severe N = 3,272 ¹	Severe N = 133 ¹	p-value ²
3	20 / 3,402 (0.6%)	15 / 3,269 (0.5%)	5 / 133 (3.8%)	
4	3 / 3,402 (<0.1%)	1 / 3,269 (<0.1%)	2 / 133 (1.5%)	
Median LqSOFA score *	0 (0, 0)	0 (0, 0)	1 (0, 1)	<0.001
SIRS score *				0.004
0	223 / 2,827 (7.9%)	222 / 2,707 (8.2%)	1 / 120 (0.8%)	
1	1,042 / 2,827 (37%)	998 / 2,707 (37%)	44 / 120 (37%)	
2	916 / 2,827 (32%)	878 / 2,707 (32%)	38 / 120 (32%)	
3	495 / 2,827 (18%)	471 / 2,707 (17%)	24 / 120 (20%)	
4	151 / 2,827 (5.3%)	138 / 2,707 (5.1%)	13 / 120 (11%)	
Median SIRS score *	2 (1, 2)	2 (1, 2)	2 (1, 3)	0.006
Vital signs				
Heart rate *				
1 to 12 months (bpm)	156.0 (140.0, 172.0)	155.0 (140.0, 170.0)	171.5 (157.5, 186.0)	<0.001
12 to 60 months (bpm)	140.0 (127.0, 158.0)	140.0 (126.0, 157.0)	160.0 (140.0, 177.0)	<0.001
Respiratory rate *				
1 to 12 months (bpm)	45.0 (38.0, 55.0)	44.0 (37.0, 53.0)	59.5 (48.0, 66.0)	<0.001
12 to 60 months (bpm)	36.0 (30.0, 42.0)	36.0 (30.0, 42.0)	39.0 (32.0, 55.0)	0.006
Oxygen saturation (%) *	98.0 (97.0, 99.0)	98.0 (97.0, 99.0)	97.0 (95.0, 98.0)	<0.001
Axillary temperature (°C) *	37.6 (37.0, 38.3)	37.6 (37.0, 38.3)	37.6 (36.9, 38.3)	>0.9
Prolonged capillary refill time ^e	194 / 3,405 (5.7%)	165 / 3,272 (5.0%)	29 / 133 (22%)	<0.001
Not alert ^f	86 / 3,405 (2.5%)	67 / 3,272 (2.0%)	19 / 133 (14%)	<0.001

¹Median (IQR); n / N (%); ²Wilcoxon rank sum test; Pearson's Chi-squared test; Fisher's exact test

507

508 ^a overnight admission in last 6 months; ^b calculated in children 45-120cm; ^c unable to feed, sit, or stand when
509 previously able; ^d abnormally sleepy and/or AVPU < A; ^e capillary refill time > 2 seconds; ^f AVPU < A.

510

511 *Missing data: weight-for-height z-score (WHZ), n = 12; height-for-age z-score (LAZ), n = 4; WHO Danger Sign, n
512 = 7; vomiting everything, n = 4; generalised seizures, n = 5; lethargy, n = 6; LqSOFA, n = 3; SIRS, n = 578; heart
513 rate, n = 1; respiratory rate, n = 2; oxygen saturation, n = 205; axillary temperature, n = 1. Missingness for SIRS
514 was greater, as complete blood counts were measured at the discretion of the treating clinical team.

515 **TABLE 2. Sensitivity and specificity of WHO Danger Signs and sTREM-1 for recognition of**
516 **children who progressed to severe disease within two days of enrolment.**

517

Parameter	Threshold	Method for selection	Sensitivity (95% CI)	Specificity (95% CI)
WHO Danger Signs	Presence/absence	NA	0.72 (0.66-0.79)	0.79 (0.76-0.82)
sTREM-1	279 pg/ml	Fixed at sensitivity of WHO Danger Signs	0.72 (0.65-0.79)	0.83 (0.81-0.86)
sTREM-1	257 pg/ml	Fixed at specificity of WHO Danger Signs	0.80 (0.74-0.86)	0.79 (0.76-0.82)
sTREM-1	261 pg/ml	Youden index	0.80 (0.73-0.85)	0.81 (0.78-0.83)

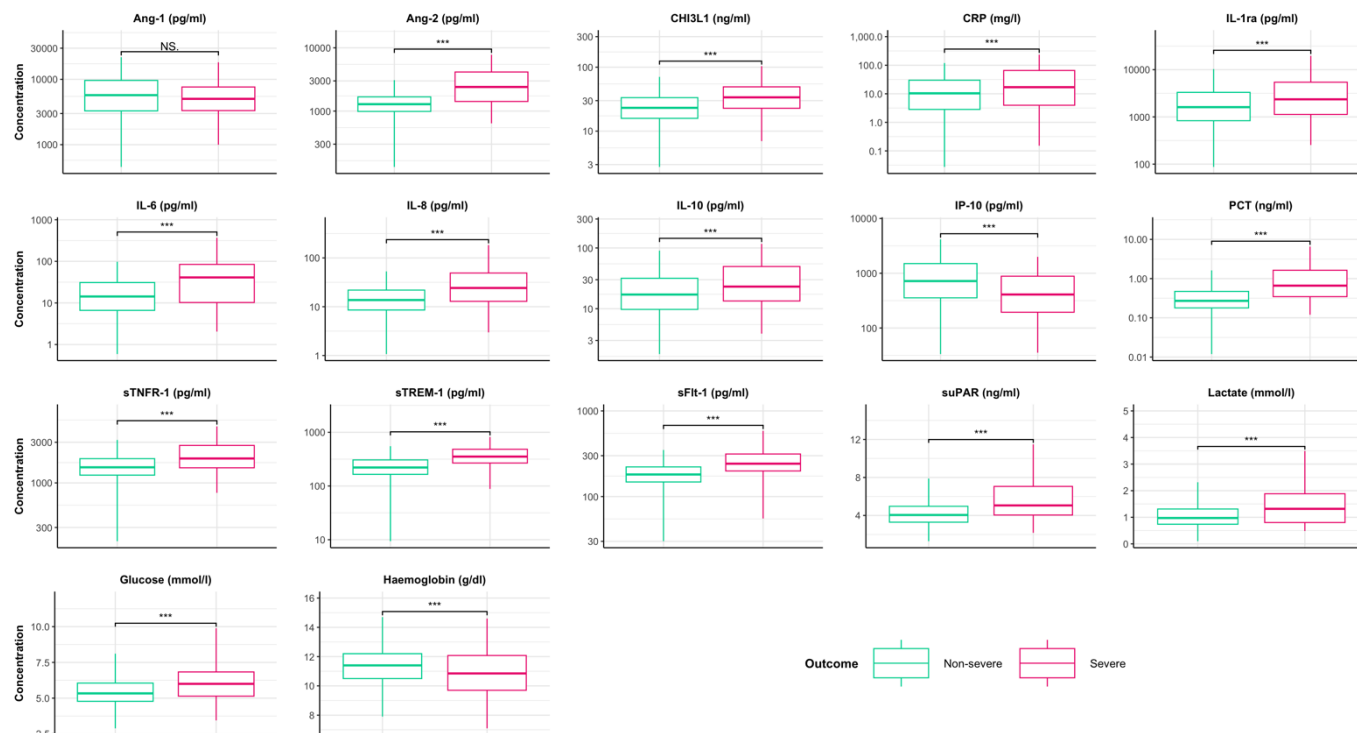
518

519 Recognising that the relative importance of sensitivity and specificity is context dependent, the performance of
520 sTREM-1 was compared to WHO Danger Signs by evaluating specificity at the sTREM-1 concentration that
521 equated to the sensitivity of WHO Danger Signs, and then by evaluating sensitivity at the sTREM-1
522 concentration that equated to the specificity of WHO Danger Signs. Finally, the Youden index was used to
523 identify the sTREM-1 concentration which maximised accuracy (the optimal trade-off between sensitivity and
524 specificity, assuming both were of equal importance).

525

526 **FIGURE 1. Presenting concentrations of circulating markers of endothelial and immune**
527 **activation, stratified by whether a child progressed to develop severe disease within two**
528 **days of enrolment.**

529



530

531 Box denotes middle 50% of the data, with the median indicated by the solid horizontal line. Upper and lower
532 hinges denote 75th and 25th centile respectively. Whiskers extend from minimum to maximum value (hinge \pm
533 1.5 times the interquartile range). Outliers not plotted to aid clarity.

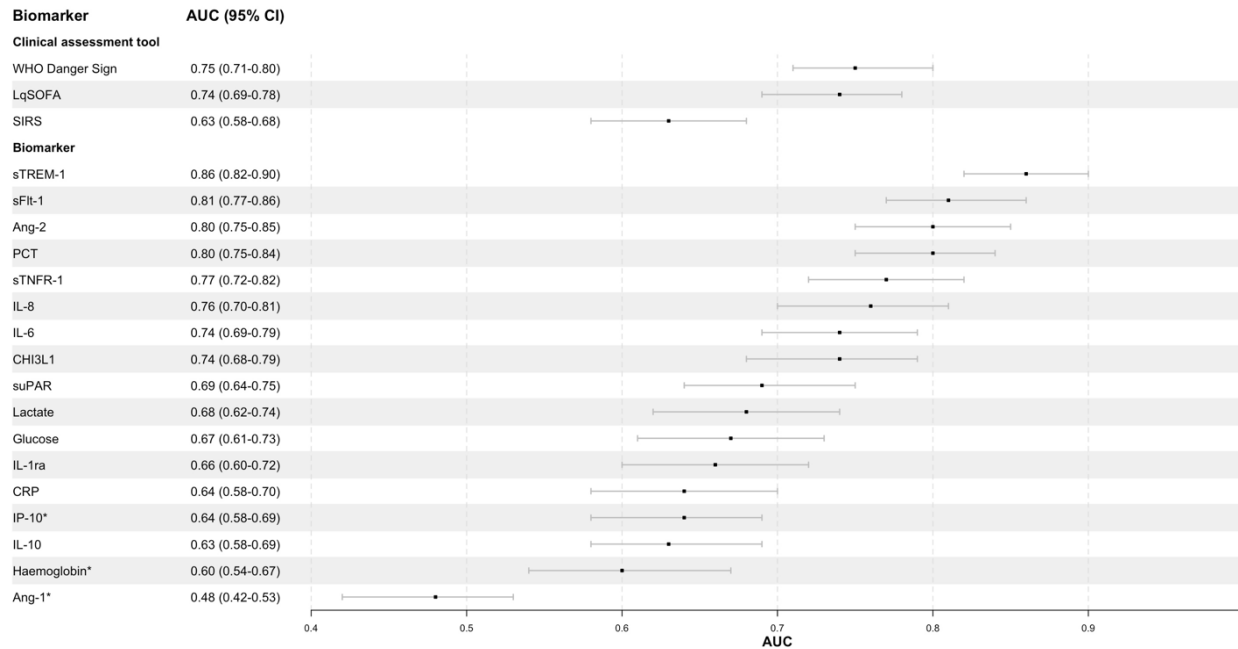
534

535 Presenting biomarker concentrations among children who progressed to severe disease (red) compared to
536 children who did not progress to severe disease (green) using Wilcoxon rank sum test; NS = no statistically
537 significant difference, *** = $p < 0.001$.

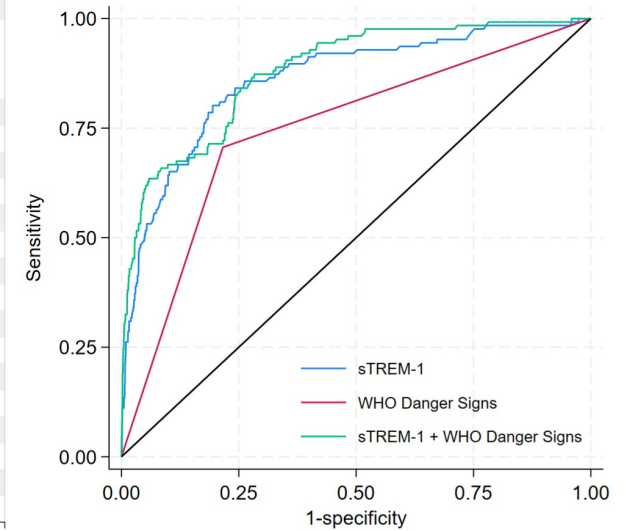
538

539 **FIGURE 2. A: Prognostic performance of clinical assessment tools and circulating markers of endothelial and immune activation to predict**
 540 **progression to severe disease within two days of enrolment. B: Prognostic performance of WHO Danger Signs and sTREM-1, alone and in**
 541 **combination, to predict progression to severe disease within two days of enrolment.**

A



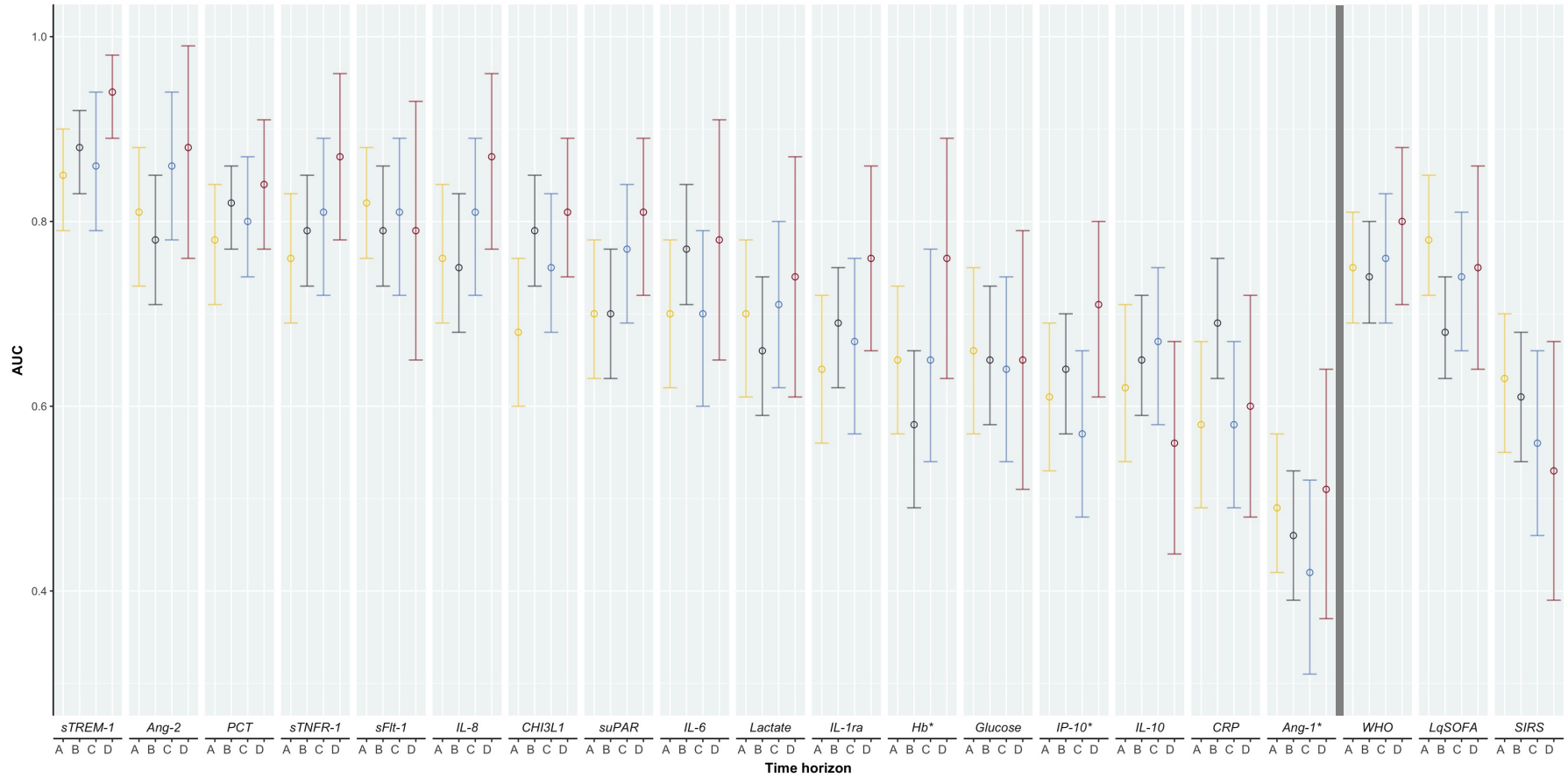
B



542

543 A: Solid square = point estimate for AUC; error bars = 95% CI. * Reciprocal concentration used, as lower biomarker concentrations known to be indicative of more severe
 544 disease. B: Receiver operating characteristic curves for WHO Danger Signs (red) AUC = 0.75 (95% CI 0.70-0.80); sTREM-1 (blue) AUC = 0.86 (95% CI 0.82-0.90); and sTREM-1
 545 plus WHO Danger Signs (green) AUC = 0.88 (95% CI 0.85-0.91).

546 **FIGURE 3. Prognostic performance of clinical assessment tools and circulating markers of endothelial and immune activation to predict**
 547 **progression to severe disease across different time horizons.**



548

549 Prediction horizons (events/non-events): A (yellow) = < 4 hours (56/3,319); B (grey) = ≥ 4 hours (83/3,236); C (blue) = ≥ 24 hours (42/3,236); D (red) = ≥ 48 hours (21/3,236).

550 Participants who met the outcome by horizon A are excluded from horizon B, C, and D analyses. Participants who met the outcome prior to 24 or 48 hours are excluded

551 from horizon C and D analyses respectively. Biomarkers presented to the left of solid vertical line, clinical assessment tools presented to the right, both in descending order
552 of mean AUC across prediction horizons. Open circle = point estimate for AUC; error bars = 95% CI.*Reciprocal concentration used, as lower biomarker concentrations
553 known to be indicative of more severe disease.

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