

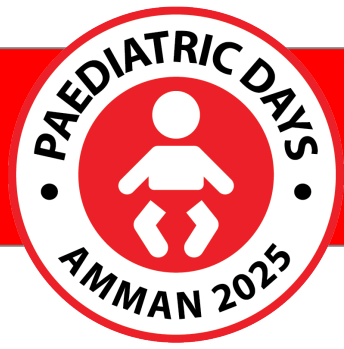


A mother's embrace speeds up healing

Haitham Salim - Nurse supervisor

Nablus Hospital - Mosul, Iraq





Nablus hospital in West Mosul

- Neonates: Inborn 10 beds, Outborn 14, KMC 4
 - Pediatric: 10 beds
 - ITFC: 7 beds
 - Isolation: 2 beds
- Staff per shift
- 2 national pediatricians
 - 6 nurses: 3 Females + 3 Males
 - 2 hygienists



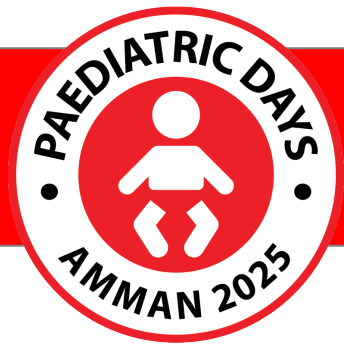


Success of Zero separation in Nablus

- 100% of inborn breast-fed during hospitalization
- 90% of outborn breast-fed
- Very good relationship between mother and baby
- Even after C-section, successful breastfeeding and mother is not bothered with pain

Staff need to explain very well the family about the support hospital is providing such as food for mother, diapers, comfortable place, and twice-a-day visit allowed for family.

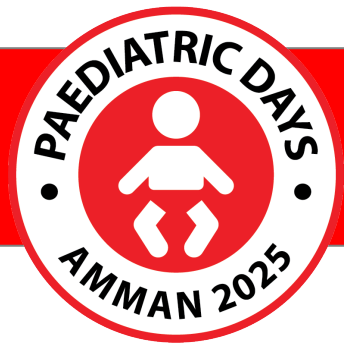




Challenges

- MoH hospitals do not have zero separation
- Acceptance by families
 - Grandmothers do not want mother to be away from family
 - Especially for young mothers
- Mothers who delivered in other hospitals before being discharged
- Mothers having other children at home to take care of

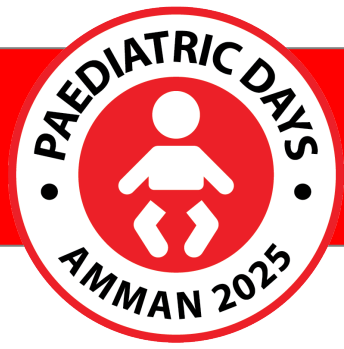




How we have overcome challenges

- ✓ Staff communicates with family about safety
- ✓ Sick mothers are treated in neonatal ward
- ✓ If mother is too sick, she goes to maternity and baby stays in neonate with another caretaker, until the mother can come back.
- ✓ Outborns receive donor's milk or formula until mother can come
- ✓ MSF supported 2 MoH hospitals to start KMC room

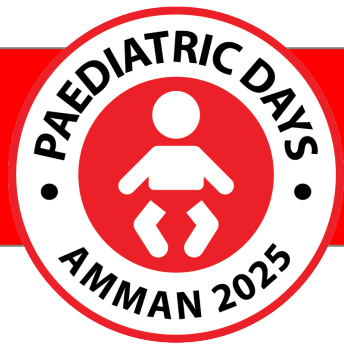




Recommendations

- **Space:** space for mothers' beds, privacy with mobile paravans
- **Supply:** Food for mothers, for babies; cleaning materials, diapers, etc.
- **Support:** mental health support for long stay in hospital and being away from family
- **Staff:** female staff as much as possible, appreciation to the team of the importance of their commitment
- **Supervision:** coordination with other departments; maternity, mental health, health promotion and IPC





Shukran

