



Morbidity patterns and factors associated with mortality in the Inpatient Therapeutic Feeding Centre (ITFC) in Abs General Hospital, Yemen

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Introduction – Context and why

Abs General Hospital, Yemen

- Conflict and humanitarian crisis
- MSF support since 2015
- ITFC is a stabilization ward for malnutrition children with medical complications / failed appetite test
- Capacity of 60 beds

Study rationale:

- To informed action plans for reducing mortality in ITFC (~ 5%)

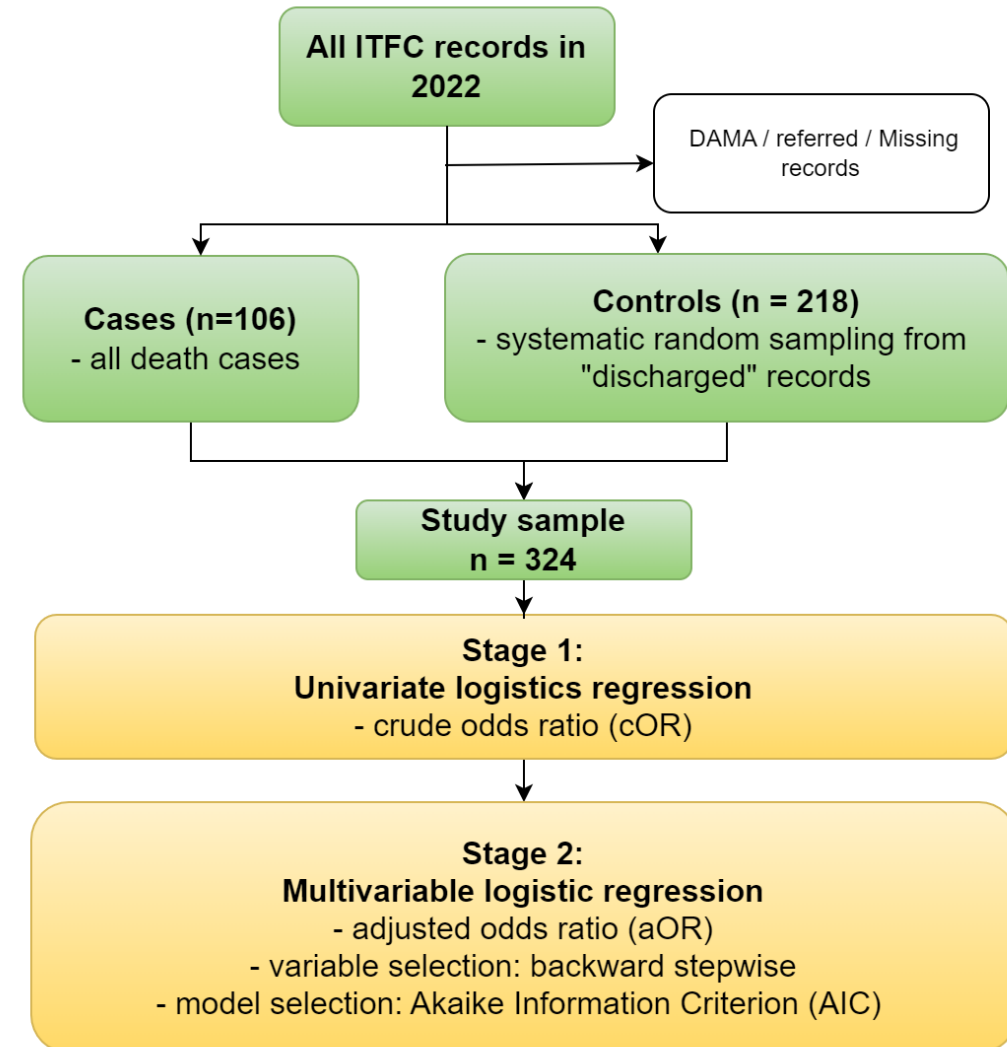
Study objectives:

- To assess patients' demographic and mortality risk factors



Methods

- Unmatched case-control study (1:2)
- Retrospective data collection
- Variables
- Sample size determination
 - n=309 to detect odds ratio of at least 2.5 with power 0.8 and confidence level 0.95
- Analysis
 - statistics and clinical relevance
 - consider confounding factors, multicollinearity and interactions between variables



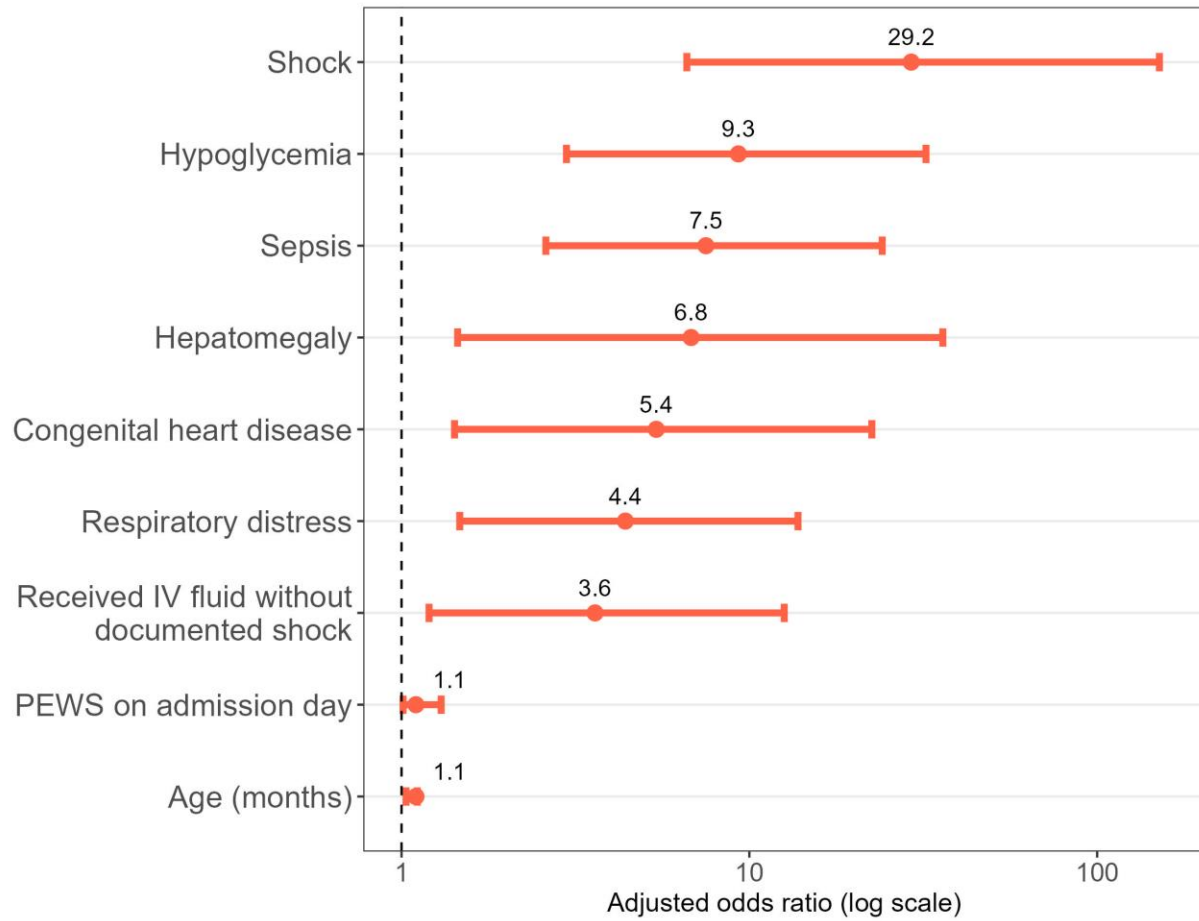
Findings – Patient characteristics

Causes of death – Pneumonia (38%), gastroenteritis (24%), sepsis (23%)

Characteristic	Overall, n=324
Age group	
< 6 months	75 (23%)
≥ 6 months	249 (77%)
Male	161 (50%)
Median MUAC (mm) (IQR)	
< 6 months	88 (80, 98)
≥ 6 months	104 (95, 110)
WHZ score <-3	285 (89%)
Oedema	48 (15%)
Highest PEWS on day 1 ≥ 7	73 (23%)

PEWS, Paediatric Early Warning Score (Summary of respiratory rate, O2 saturation, heart rate, capillary refill, consciousness, temperature).

Findings – Mortality risk factors



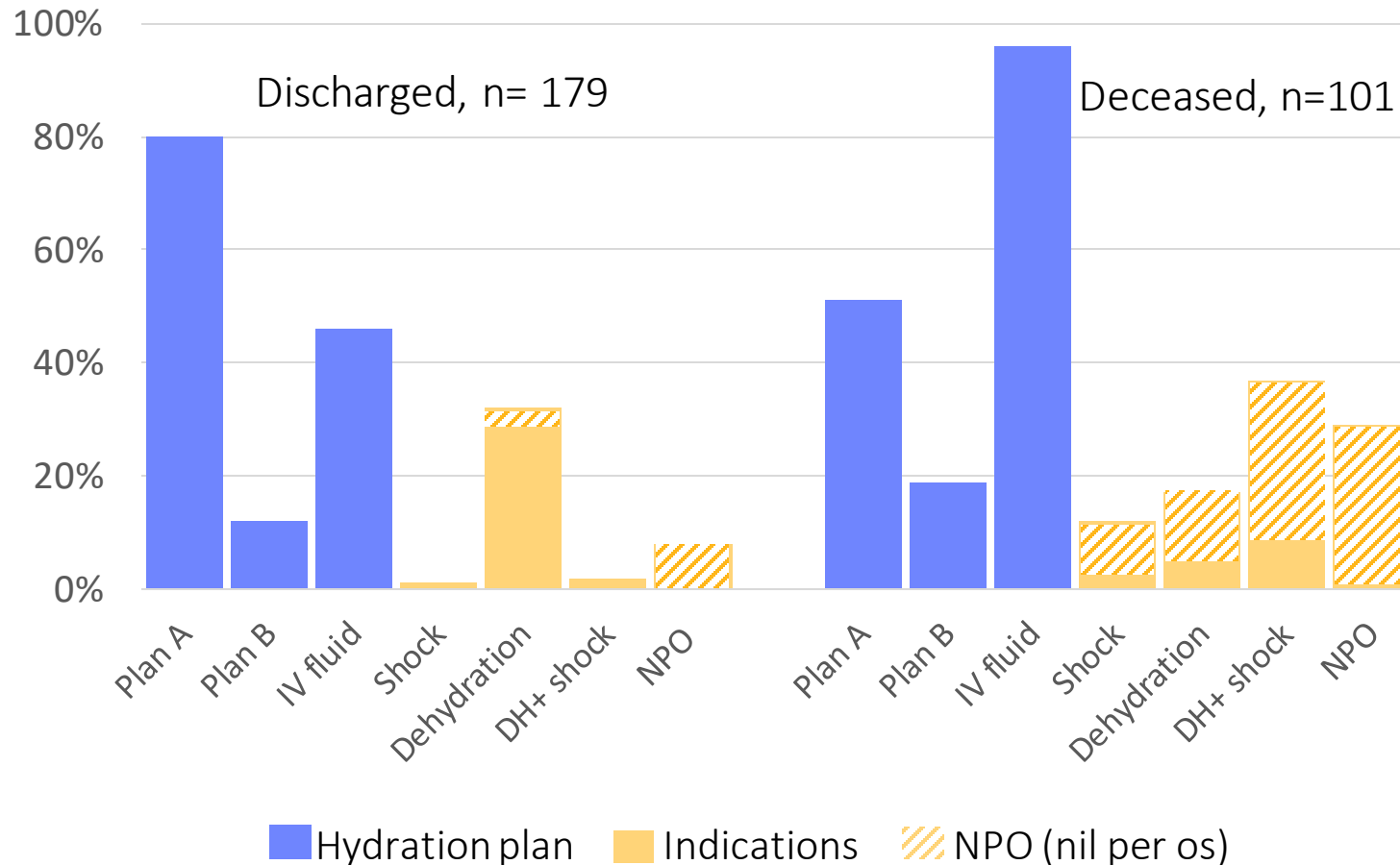
Mortality risk factors from multivariable analysis.

Medical complications found exclusively among the deceased : **electrolyte disturbance, hypothermia, acute kidney injury, coma, pancytopenia, fluid overload and hydrocephalus.**

Patients from further districts have higher odds of ITFC mortality.

Findings – Rehydration plans

Among those who were given rehydration plans:



We used rehydration plans for SAM as per MSF paediatric guideline 2017.

The rehydration plans depend on the presence of shock, level of dehydration and ability to drink.

- Observation 1: The use of Plan B was low.
- Observation 2: The use of IV fluid was high.

Limitations

1. Retrospective design did not allow for exploring additional confounding factors.
2. Recording bias.
3. Wide 95% confidence intervals.
4. Timing when the risk factors developed could not be fully evaluated.

Recommendations and Implementations

1. Assign **ITFC focal points** to oversee clinical management and protocol adherence.
2. Create awareness among doctors, **emphasize the mortality risk factors to prompt early identification.**
3. Designate a “red zone” for frequent monitoring.
4. Close monitoring on the use of IV fluids.
5. Admit patients with congenital conditions to general paediatric ward.
6. Improve clinical documentation.

Take home messages

1. The significant ITFC mortality risk factors are shock, hypoglycemia, sepsis, hepatomegaly, respiratory distress, congenital heart disease, intravenous fluid treatment without shock, severity at admission and age.
2. Use the findings to engage people to reflect/discuss/inform improvement plans.
3. Opens up the opportunity to investigate other outcomes such as readmission and nutrition rehabilitation.

Thank you!

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Ethics statement

Fulfils the exemption criteria set by the MSF ERB and was approved for submission by the OCBA Medical Director and Abs Hospital Director. All data are anonymized.