

Hepatitis E Virus Outbreak among Tigray War Refugees from Ethiopia, Sudan

Andrew S. Azman, Etienne Gignoux, Robin Nesbitt, John Rumunu, Rakesh Aggarwal, Iza Ciglenecki

Author affiliations: Johns Hopkins Bloomberg School of Public Health, Baltimore, Maryland, USA (A.S. Azman); Médecins Sans Frontières, Geneva, Switzerland (A.S. Azman, I. Ciglenecki); Epicentre, Paris, France (E. Gignoux, R. Nesbitt); Ministry of Health South Sudan, Juba, South Sudan (J. Rumunu); Jawaharlal Institute of Postgraduate Medical Education and Research, Puducherry, India (R. Aggarwal)

DOI: <https://doi.org/10.3201/eid2901.221495>

To the Editor: We read with interest the article by Ahmed et al. on a large hepatitis E virus (HEV) outbreak among refugees from Ethiopia in Sudan, underscoring the challenges in controlling HEV outbreaks (1). As part of the rationale for not using HEV vaccine, the authors state that no data on virus genotype were available from cases and “the success of vaccination is dependent on the HEV genotype.” We believe that current evidence contradicts this assertion.

Evidence to date suggests that all major HEV genotypes that infect humans (genotypes 1–4) show cross-protection with a single serotype. Several pieces of data indicate that the only available and licensed vaccine (Hecolin; Wantai BioPharm, <https://www.ystwt.cn>), which contains recombinant partial capsid protein of HEV genotype 1, offers protection against infection with other genotypes. Studies in rhesus macaques have demonstrated protection by this vaccine against infection with genotypes 1 and 4 (2). In a large phase 3 trial of Hecolin, of the 23 persons who had HEV infection (1 in vaccine group and 22 in placebo group), viral genotype was identified in 13 placebo group patients. Of those, 12 were genotype 4 and 1 was genotype 1, providing evidence of protection against genotype 4 infection, a heterologous strain to that in the vaccine (3). Furthermore, *in vitro* data also support cross-protection across HEV genotypes (4).

A safe and efficacious vaccine is available and has been recommended for use as an outbreak control tool by the World Health Organization Strategic Advisory Group of Experts on Immunization (5), and this recommendation does not refer to virus genotype. Because empirical evidence from *in vitro* studies, nonhuman primate challenge studies, and a phase 3 clinical trial all point to cross-genotype protection, we believe that the lack of genotyping data during an outbreak should not prevent or delay the use of the HEV vaccine.

References

1. Ahmed A, Ali Y, Siddig EE, Hamed J, Mohamed NS, Khairy A, et al. Hepatitis E virus outbreak among Tigray War refugees from Ethiopia, Sudan. *Emerg Infect Dis*. 2022;28:1722–4. <https://doi.org/10.3201/eid2808.220397>
2. Li SW, Zhang J, Li YM, Ou SH, Huang GY, He ZQ, et al. A bacterially expressed particulate hepatitis E vaccine: antigenicity, immunogenicity and protectivity on primates. *Vaccine*. 2005;23:2893–901. <https://doi.org/10.1016/j.vaccine.2004.11.064>
3. Zhu FC, Zhang J, Zhang XF, Zhou C, Wang ZZ, Huang SJ, et al. Efficacy and safety of a recombinant hepatitis E vaccine in healthy adults: a large-scale, randomised, double-blind placebo-controlled, phase 3 trial. *Lancet*. 2010;376:895–902. [https://doi.org/10.1016/S0140-6736\(10\)61030-6](https://doi.org/10.1016/S0140-6736(10)61030-6)
4. Gu Y, Tang X, Zhang X, Song C, Zheng M, Wang K, et al. Structural basis for the neutralization of hepatitis E virus by a cross-genotype antibody. *Cell Res*. 2015;25:604–20. <https://doi.org/10.1038/cr.2015.34>
5. World Health Organization. Hepatitis E vaccine: WHO position paper, May 2015 – recommendations. *Vaccine*. 2016;34:304–5. <https://doi.org/10.1016/j.vaccine.2015.07.056>

Address for correspondence: Andrew S. Azman, Department of Epidemiology, Johns Hopkins Bloomberg School of Public Health, 615 N Wolfe St, Baltimore, MD 21205, USA; email: azman@jhu.edu

In Response: We appreciate the insightful comments from Azman et al. on use of licensed hepatitis E virus (HEV) vaccine (Hecolin; Wantai BioPharm, <https://www.ystwt.cn>) for outbreak control regardless of virus genotype (1). We share their concern about the need for timely use of effective outbreak control measures, particularly among those at high risk for illness and death, such as forcibly displaced populations in humanitarian camps. We also agree that vaccines are an effective tool for prevention and control of outbreaks, including HEV (2).

When we confirmed an HEV outbreak among refugees from Ethiopia in east Sudan, according to the World Health Organization (WHO) recommendation, the National Immunization Technical Advisory Groups of Sudan convened an emergency meeting to discuss the feasibility of deploying HEV vaccine. After considering the WHO position paper about the use of HEV vaccine (3) and careful discussion, they raised several concerns about introducing the vaccine. These concerns included the limited evidence on efficacy and safety data in pregnant women, persons <16 years of age, the elderly (>65 years of age), and persons with underlying diseases (e.g., liver disease) or conditions such as immunosuppression (3). Of particular concern were children and pregnant women in humanitarian crisis, who are most at risk during HEV outbreaks (4). A major concern was that, according to