

The authors have
no conflicts of
interest to declare.

Prevalence of asymptomatic *Leishmania* infection in people living with HIV (PLHIV) and progression to symptomatic visceral leishmaniasis in Bihar, India

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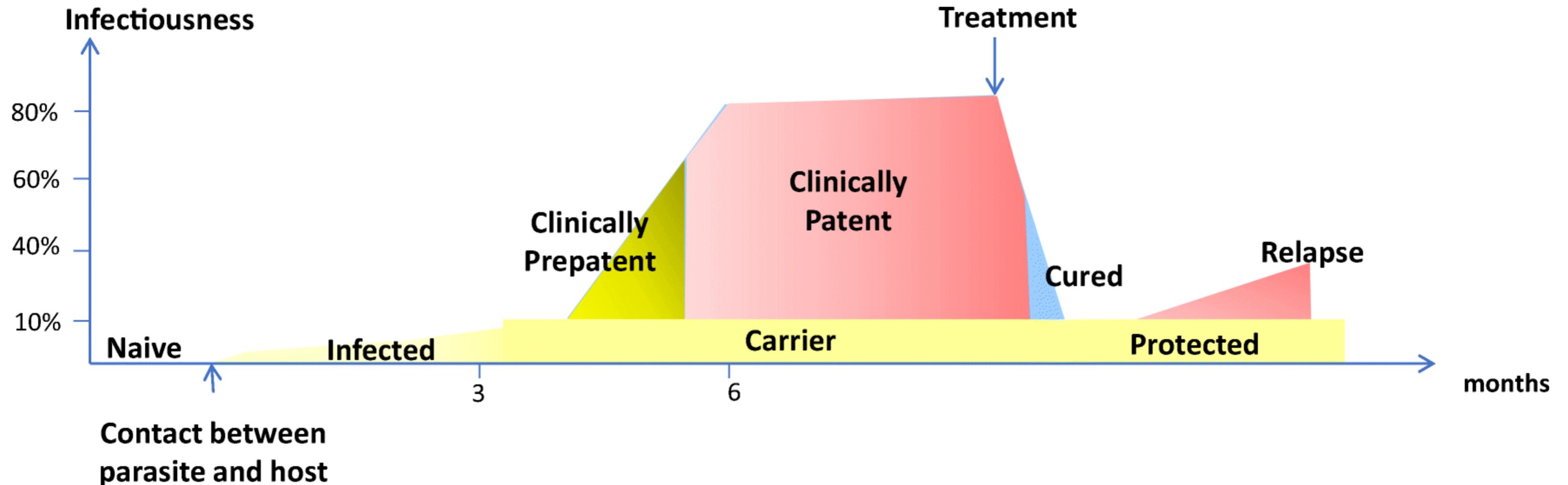
Visceral leishmaniasis (VL) in India - background



Image credit: Maps of India

- Parasitic disease endemic in northern India, ultimately fatal
- 80-90% of Indian VL cases occur in Bihar
- VL target of an elimination campaign on the Indian Subcontinent (ISC)
- Anthroponotic transmission on the ISC
- Typical NTD, with limited treatments, diagnostics and interest

Typical evolution of the infection/disease process resulting in an asymptomatic condition (yellow) or clinically diagnosable disease (red)



- Asymptomatic *Leishmania* infection (ALI) 4-17 times more prevalent than symptomatic VL
- Risk of progression to symptomatic VL between 1.5 to 25%

VL-HIV coinfection in India

- Evolving issue in the Indian setting: up to 20% of newly reported adult VL cases in highly endemic districts
- Most VL-HIV cases present in late stages of illness, all with **advanced HIV**: mutually reinforcing diseases
 - Challenges in diagnosis, double stigma
 - Higher rates of treatment failure, relapse & mortality
 - VL-HIV co-infection shown to be strongly associated with transmission at the village level
- **No evidence exists in the ISC on asymptomatic leishmania infection (ALI) in PLHIV**

Study aims

To determine the prevalence of asymptomatic *Leishmania* infection in HIV cases registered at ART centres from highly VL endemic areas of Bihar and to determine the rate of progression of asymptomatic *Leishmania* cases into symptomatic VL over a period of 18 months.

Study design

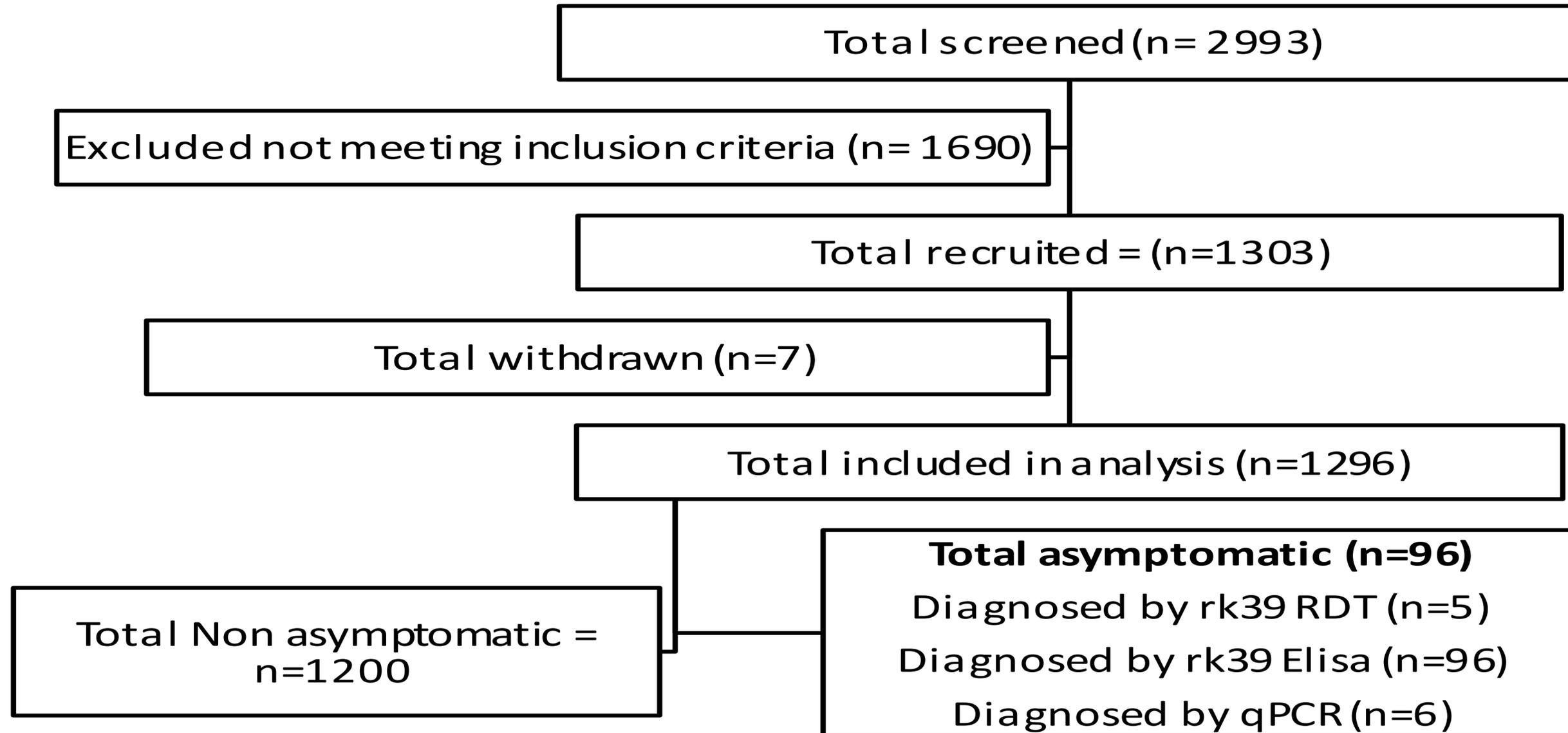
Cross sectional cohort: what is the prevalence of ALI in PLHIV?

- 1,296 consecutive consenting adult PLHIV from 4 highly endemic VL district ART centres in Bihar
- Living in a village that had reported a case of VL in the previous 24 months
- No current or previous diagnosis of VL
- Screened for ALI by serological (rK39 ELISA & rK39 RDT), and/or molecular methods (qPCR)

Prospective cohort: What happens to ALI in PLHIV over 18 months?

- Those with ALI to be followed up every 3 months for 18 months in person
- Primary endpoint: Diagnosis as symptomatic VL upto 18 months
- Those without ALI followed up by telephone every 3 months for 18 months to check health status

Flow Diagram – Cross sectional survey



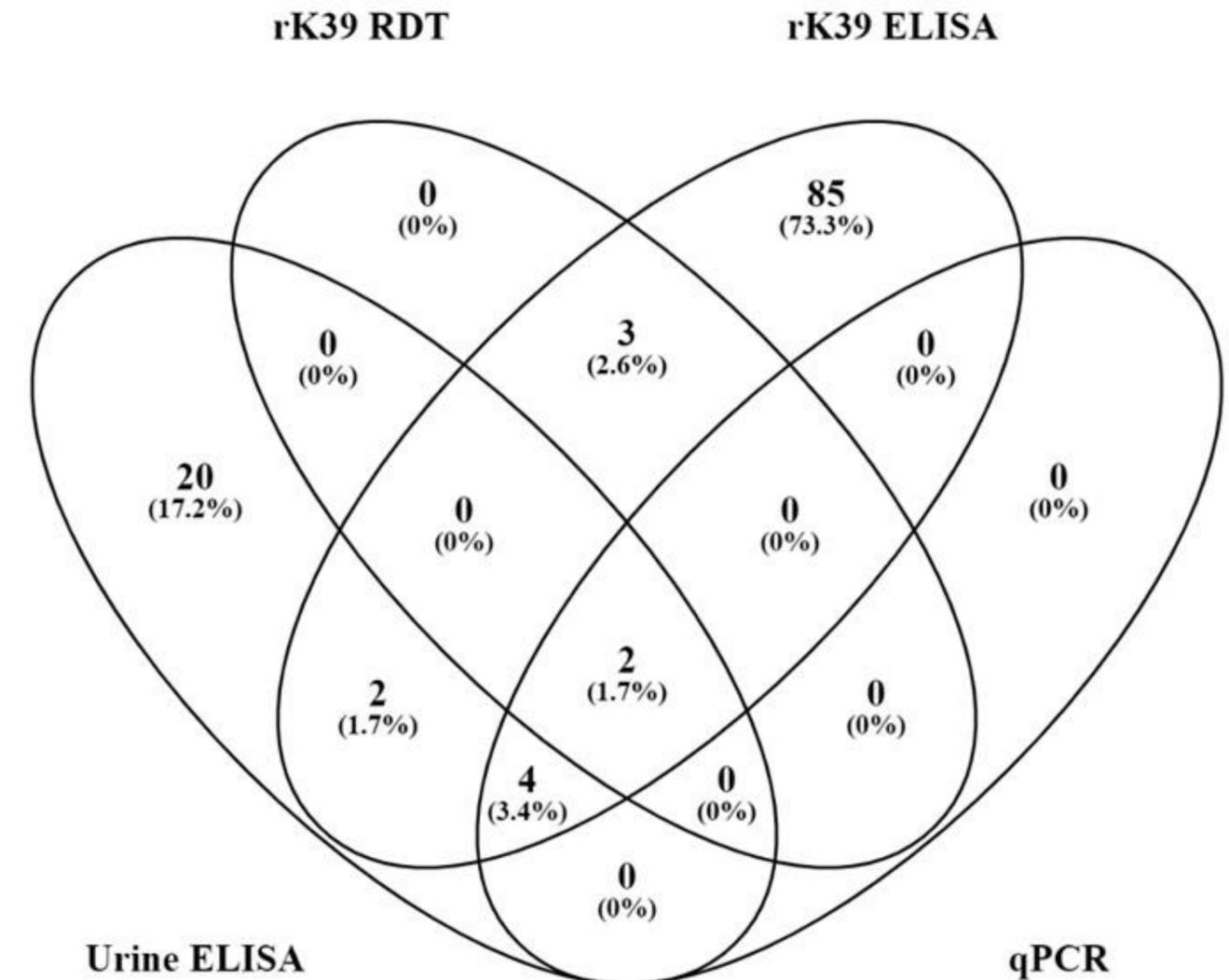
Diagnosics basket of choice

- **rK39 RDT and ELISA** detect anti-*Leishmania* antibodies present in the blood of patients with *Leishmania* infection. RDT may fail to detect low antibody titres and cannot be used in relapses
- **Quantitative polymerase chain reaction (qPCR)** considered a proxy for parasite load. Highly sensitive, but currently used only in research as no standardization in VL
- **Leishmania antigen ELISA – Urine** – novel non-invasive test to detect *leishmania* antigens in the urine

Prevalence of asymptomatic *Leishmania* infection in PLHIV living in highly endemic VL areas

Number of HIV patients testing positive for asymptomatic *Leishmania* infection

	N	%
Total recruited	1296	
Total asymptomatic <i>Leishmania</i> infection	96	7.4
Total positive with rK39 RDT	5	0.4
Total positive by rk39 ELISA	96	7.4
Total positive by qPCR	6	0.5
(Total positive by <i>Leishmania</i> antigen ELISA in urine	28	2.2)



Predictors of asymptomatic *Leishmania* infection

	All participants N (%)	Non- <i>Leishmania</i> infected N (%)	Asymptomatic infection (ALI) N (%)	Odds Ratio (95%CI)	P value
CD4 (cells / μL)					
< 100	35 (12.7)	29 (2.4)	6 (6.3)	3.1 (1.2, 7.6)	0.012
100 - 199	104 (8.0)	91 (7.6)	13 (13.5)	2.1 (1.1, 4.0)	0.019
200 - 299	179 (13.8)	164 (13.7)	15 (15.6)	1.4 (0.8, 2.4)	0.316
\geq 300	978 (75.5)	916 (76.3)	62 (64.6)		
Household size					
< 5	395 (30.5)	376 (31.3)	19 (19.8)		
\geq 5	901 (69.5)	824 (68.7)	77 (80.2)	1.8 (1.1, 3.2)	0.016
Number of IRS in last 18 months					
0	140 (10.8)	133 (11.1)	7 (7.3)	0.5 (0.2, 1.2)	0.103
1	132 (10.2)	128 (10.7)	4 (4.2)	0.3 (0.1, 0.9)	0.020
2	642 (49.5)	593 (49.4)	49 (51.0)	0.8 (0.5, 1.3)	0.317
> 2	382 (29.5)	346 (28.8)	36 (37.5)		

Factors not associated with ALI: Age, sex, Socioeconomic status, type of house, proximity to pond/livestock, month of IRS spray, use of bed nets, ART usage status, TB infection, BMI

Prospective cohort: Progression to symptomatic infection

- 3.7% (4/109) participants progressed from asymptomatic to symptomatic infection over 18 months
- 3 out of 4 progressed within 3 months; 1 at month 12
- Conversion rates of participants identified as positive:
 - rK39 ELISA - 3.7% (4/109)
 - rK39 RDT - 40% (2/5)
 - qPCR - 57% (4/7)
 - *Leishmania* antigen ELISA - 14% (4/29)
- Risk of all-cause mortality in ALI 6.4% (n=7) compared with 2.5% (n=30) in those without (risk ratio, RR, 2.6, 95% CI 1.2-5.7, p=0.018)

Conclusions and recommendations

- PLHIV living in highly VL-endemic areas have a relatively high prevalence of asymptomatic *leishmania* infection in India
- Progression rates to symptomatic infection appear relatively low
- None of currently available diagnostic tools useful in predicting progression
- However, all cause mortality rates higher compared to non-*Leishmania* infected
- More studies needed to investigate impact early 'prophylactic' treatment of ALI in PLHIV considering poor outcomes in VL-HIV patients
- Role of screening within advanced HIV diagnostic packages in endemic areas?