

## Conflict of Interest

The author has declared no conflict of interest.



A randomised, open label trial to determine the efficacy and safety of combining *thermotherapy and miltefosine* for the treatment of *cutaneous leishmaniasis* in the New World

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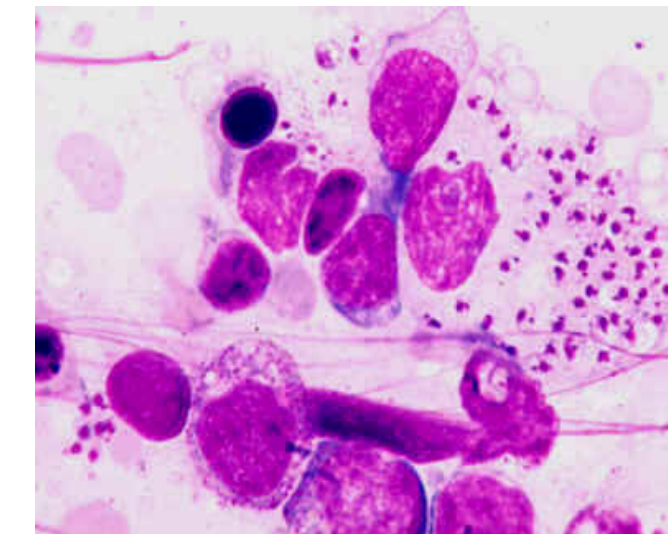
Drugs for Neglected Diseases *Initiative* (DNDi)

Geneva, Switzerland

# Global burden of cutaneous leishmaniasis (CL)



Courtesy from A. Llanos-Cuentas



- 0.7 – 1.2 million new CL cases annually worldwide
- A new case of CL every 30 seconds
- Leishmaniasis is endemic in 87 countries (2016)\*
- 12 countries represented 90% of the global burden of CL cases in 2018\*
- Clinical and epidemiological diversity
- No vaccine
- No chemoprophylaxis
- Limited number of drugs with variable efficacy

\*WHO Weekly Epidemiological Bulletin N0 40, 5 October 2018

## CL is a particularly neglected disease

# Current treatment recommendations for CL

## Disease severity

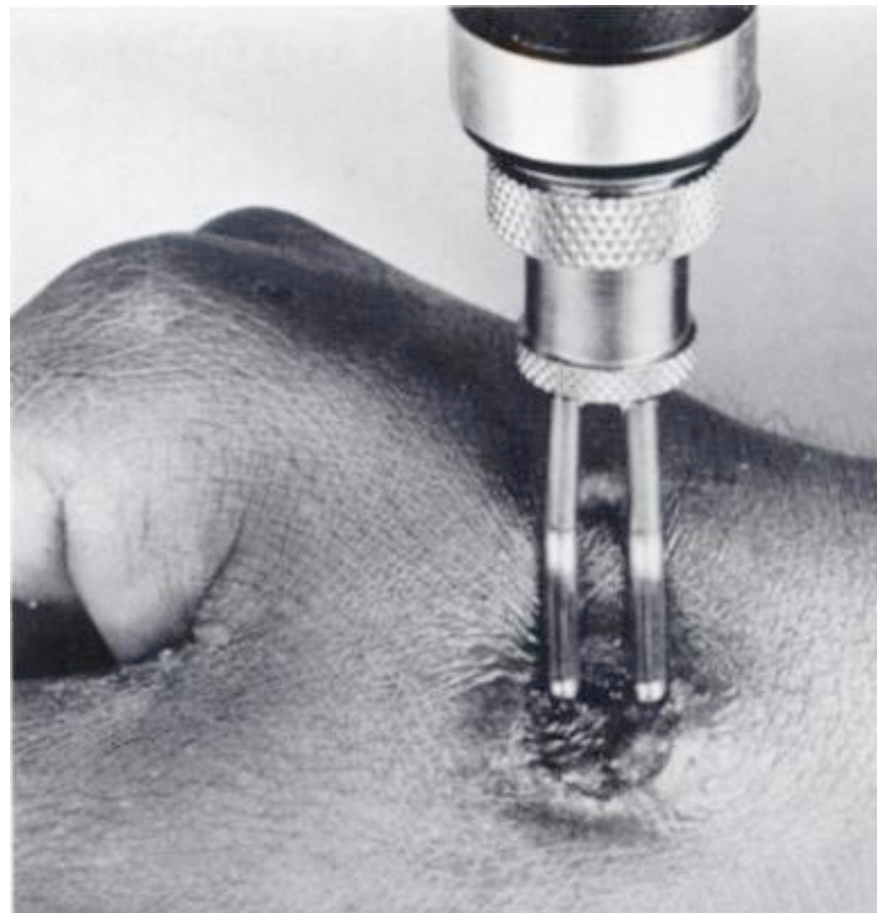


No treatment	Topical	Systemic	Combinations
Small lesions <i>Leishmania major</i> or <i>L. mexicana</i> not in face/joints	≤ Four lesions ≤ 4 cm diameter not in face/joint <ul style="list-style-type: none"><li>• thermotherapy</li><li>• liquid nitrogen</li><li>• intralesional sodium stibogluconate</li><li>• paromomycin cream</li></ul>	Topical treatment unsuccessful > Four lesions or lesions > 4 cm diameter any anatomical location <ul style="list-style-type: none"><li>• antimonials</li><li>• miltefosine</li><li>• pentamidine</li><li>• amphotericin B deoxycholate</li><li>• AmBisome®</li><li>• fluconazole</li></ul>	<ul style="list-style-type: none"><li>• antimonials + liquid nitrogen</li><li>• antimonials + allopurinol for <i>L. recidivans</i></li><li>• antimonials + paromomycin for <i>L. aethiopica</i></li><li>• antimonials + pentoxifylline for mucocutaneous leishmaniasis</li></ul>

# Potential thermotherapy + miltefosine combination treatment

## Thermotherapy (TT)

- ThermoMed™ device
- Produces heat utilising radio-frequency technology
- It is the most tested local heat modality
- Safety and efficacy demonstrated in multiple randomised clinical trials
- WHO- and FDA-approved treatment for CL and other skin conditions



## Miltefosine (MLT)

- The only oral treatment currently available for leishmaniasis
- FDA registered for treatment of infections due to *L. braziliensis*, *L. guyanensis*, and *L. panamensis* in 2014
- Included in PAHO treatment guidelines and strategic fund list of medicines in 2015



# Study to determine the efficacy and safety of thermotherapy + miltefosine combination

## Study design

Randomised, open label, multicentre, phase 2, clinical superiority trial

- 130 patients randomly allocated to receive either:
  - One session of **TT** at 50°C for 30"
  - One session of **TT** at 50°C for 30" + **MLT** 2.5 mg/kg/day for 21 days

**Ethical approvals** from participating institutions and local health authorities from both countries were obtained. Registered in [clinicaltrials.gov](https://clinicaltrials.gov/ct2/show/study/NCT02687971) NCT02687971

# Study to determine the efficacy and safety of thermotherapy + miltefosine combination

## Primary endpoint

The proportion of initial clinical cure rate for each regimen measured at day 90

## Initial cure

- Ulcerated lesions: 100% re-epithelialisation of the lesion(s) on day 90
- Non-ulcerated lesions: flattening and/or no signs of induration of the lesion(s) on day 90  
*(assessment done by blind investigators at each study site)*

## Secondary endpoints

- **Final cure:** number of patients who fulfill the criteria of initial cure and have no relapse by day 180
- Frequency, severity, and seriousness of adverse events (AEs) by treatment group

## Inclusion criteria

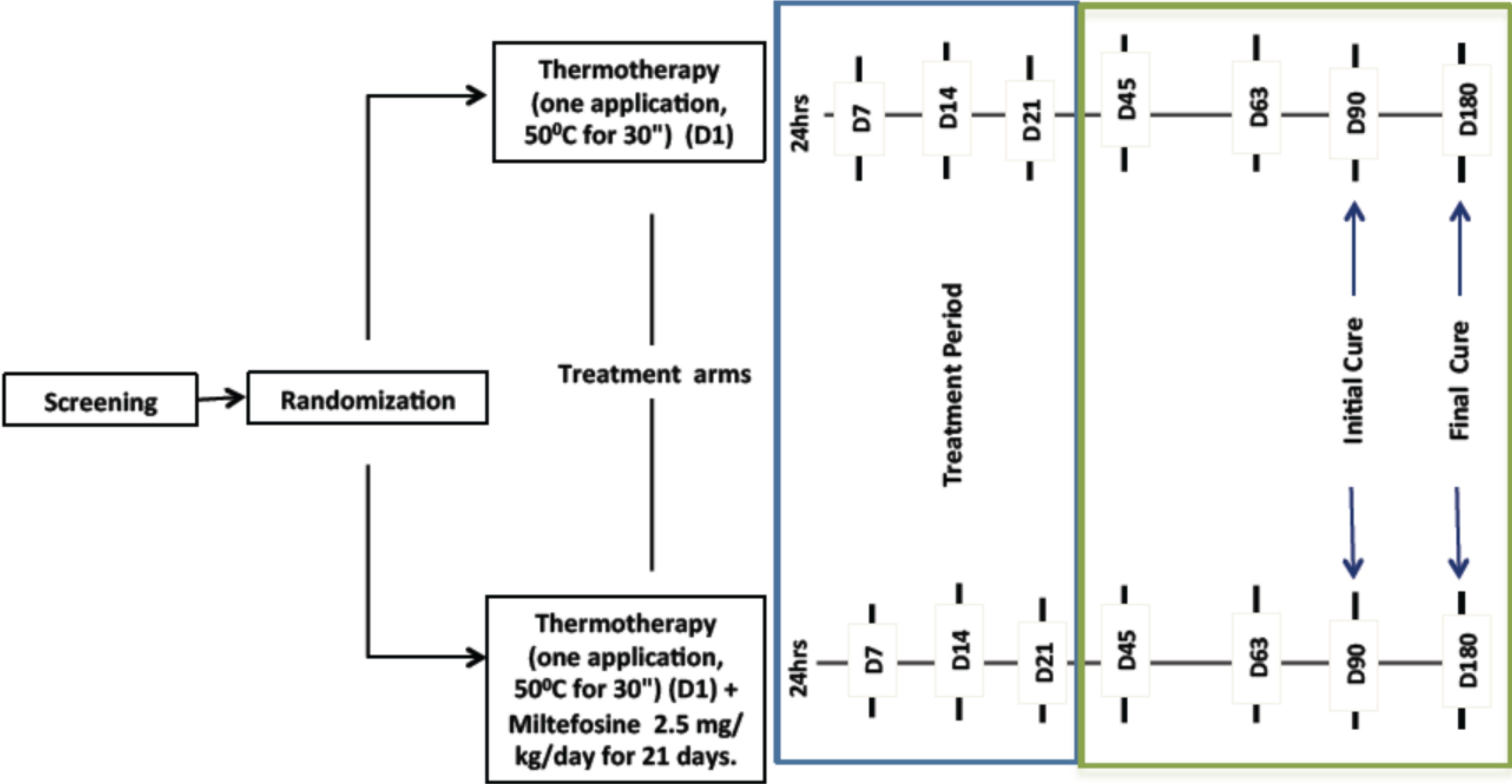
Patients with the following characteristics:

- ❖  $\geq 18$  and  $\leq 60$  years
- ❖ Confirmed parasitological diagnosis of CL
- ❖ Lesions that satisfy the following criteria:
  - Lesion size  $\geq 0.5$  cm and  $\leq 4$  cm
  - Not located on the ear, face, close to mucosal membranes, joints, or in a location where is difficult to apply TT
  - $\leq$  four lesions
  - Duration of lesion  $< 4$  months
- ❖ Signed written informed consent
- ❖ Capable of understanding and complying with the protocol

## Exclusion criteria

- ❖ Female with a positive urine pregnancy test at screening or who is breast-feeding, lactating, or at fertile age and does not agree to use contraception up to day 90
- ❖ Has laboratory values at screening as follow:
  - Serum creatinine above normal level
  - ALT / AST three times above normal range
- ❖ Patient who is not willing to attend the trial visits or is not able to comply with follow-up visits up to 6 months

# Study design



# Patient outcomes per treatment group

## Thermotherapy patient outcomes (n=64)

Completed the study	36
New lesions	6
Withdrew informed consent	5
Lost to follow-up	3
Failure	14*

\*Late responders (day 105)= 6

## Thermotherapy + miltefosine patient outcomes (n=66)

Completed the study	52
New lesions	3
Relapse	1
Lost to follow-up	3
Failure	7*

\*Late responders (day 105)= 1

# Patient and lesion characteristics by treatment group

Characteristics	Thermotherapy (n=64)	Thermotherapy + miltefosine (n=66)	All (n=130)
Gender			
Male (%)	48 (75.0)	52 (78.8)	100 (76.9)*
Female (%)	16 (25.0)	14 (21.2)	30 (23.1)**
Age (Years) Mean (SD)	34.3 (11.3)	35.2 (11.9)	34.8 (11.6)
Weight (Kg) Mean (SD)	71.2 (12.7)	73.1 (12.9)	72.2 (12.8)
<b>Lesion Characteristics</b>			
Ulcer diameter D1 (cm <sup>2</sup> ) (SD)	2.16 (2.19)	3.08 (3.2)	2.64 (2.8)
Number of lesions, mean (SD)	1.32 (0.6)	1.47 (0.8)	1.4 (0.7)
1 Lesion (%)	47 (73.4%)	45 (68.18%)	92 (70.77%)
2 Lesions (%)	14 (21.9%)	14 (21.21%)	28 (21.64%)
3 Lesions (%)	2 (3.13%)	4 (6.06%)	6 (4.62%)
4 Lesions (%)	1 (1.57%)	3 (4.55%)	4 (3.08%)
<b>Leishmania specie</b>			
<i>L. braziliensis</i> (%)	8 (12.5%)	16 (24.2%)	24 (18.4%)
<i>L. panamensis</i> (%)	19 (29.6%)	20 (30.3%)	39 (30.3%)
<i>L. peruviana</i> (%)	5 (7.8%)	3 (4.5%)	8 (6.1%)
<i>L. braziliensis</i> / <i>L. peruviana</i> (%)	6 (9.5%)	8 (12.3%)	14 (10.7%)
Other (%)	8 (12.6%)	3 (4.5%)	11 (8.4%)
No amplification (%)	15 (23.4%)	14 (21.2%)	29 (22.3%)
Not done (%)	3 (4.6%)	2 (3.0%)	5 (3.8%)

## Per protocol (PP) and intention to treat (ITT) analysis

### *Initial and final cure by treatment groups*

PP/ITT	Thermotherapy	Thermotherapy + miltefosine	P value & 95% CI
PP (day 90)	37/56 (66.1%)	53/62 (85.5%)	p= 0.011. Dif 19.4% 95% CI 2.52 – 36.28
PP (day 180)	36/56 (64.3%)	52/62 (83.9%)	p= 0.012. Dif 19.6% 95% CI 2.37 – 36.83
ITT (day 90)	37/64 (57.8%)	<b>53/66 (80.3%)</b>	p= 0.009. Dif 22.49% 95% CI 5.51 – 39.47
ITT (day 180)	36/64 (56.3%)	<b>52/66 (78.8%)</b>	p= 0.005. Dif 22.5% 95% CI 5.31 – 39.69

Six subjects in the TT arm and one in the TT+MLT arm who achieved 100% re-epithelisation of their lesions at day 105 were considered failures at day 180 of analysis

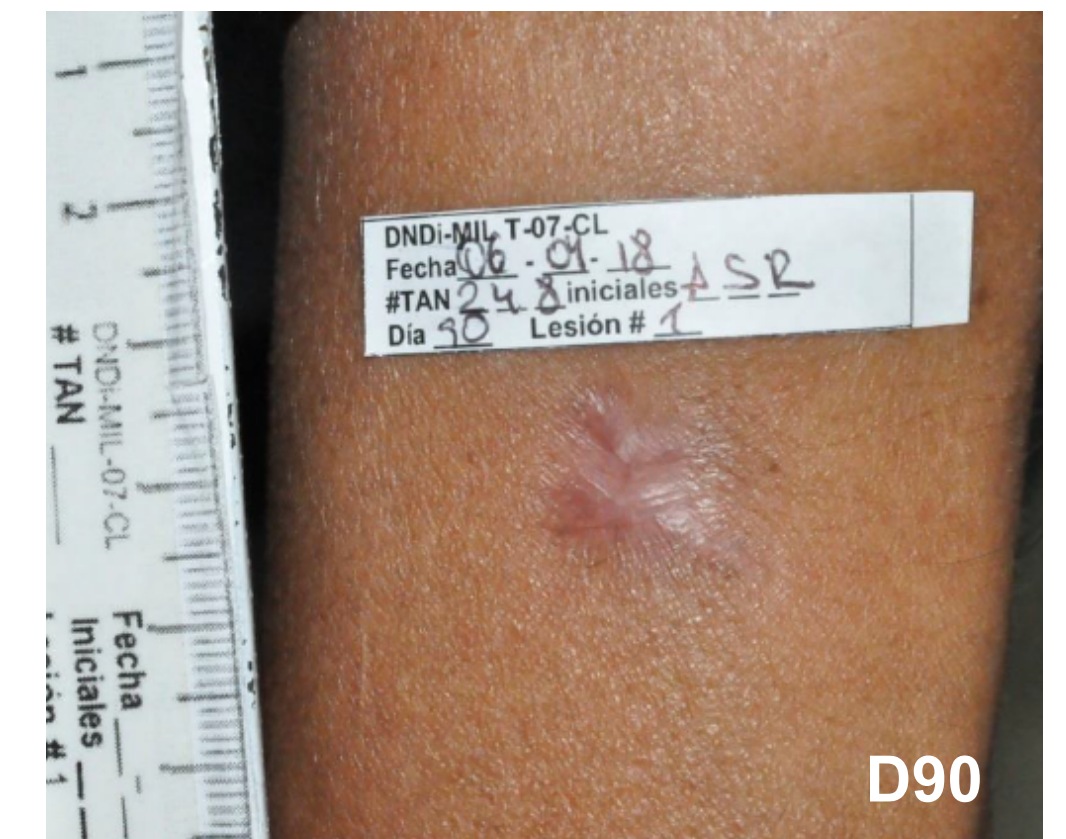
## Adverse events (AEs) reported (n)

	Thermotherapy	Thermotherapy + miltefosine
<b>Number of AEs reported</b>	142 in 48 subjects (75%)	234 in 56 subjects (84.8%)
Related to TT	79	74
Related to MLT	0	114
<b>Local adverse reactions</b>	# of subjects	# of subjects
Pain	9 (14.1%)	3 (4.5%)
Erythema	18 (28.1%)	19 (28.8%)
Local oedema	20 (31.3%)	18 (27.3%)
Vesicles	48 (75%)	55 (83.3%)
Local infection	4 (6.2%)	3 (4.5%)
<b>Gastrointestinal disorders</b>		
Vomiting	0	39 (59%)
Nausea	0	17 (25.7%)
Abdominal pain	0	9 (13.6%)
Diarrhoea	0	4 (6%)
AST / ALT elevation	0	20 (30.3%)

- Majority of TT's AEs (78%) were reported within the first 24 hours after TT application
- Six subjects temporally interrupted (1-2 doses each) their treatment with MLT due to nausea / vomiting
- All subjects recovered without any complications
- Three serious AEs not related to the study interventions were reported

## Secondary endpoints

- **New lesions** in nine subjects: three (4.6%) in the TT + MLT arm and six (9.2%) in the TT arm, between day 1 and 90
- **Relapse** in one subject: TT + MLT arm, day 180
- **Lost during follow-up period:** six subjects (4.6%), three in each study arm
- Subjects with lesions due to *L. braziliensis* and/or *L. peruviana* responded better to the TT + MLT (22 [74.1%] of 27) than to TT alone (seven [36.8%] of 19)
- No differences were found in subjects with lesions due to *L. panamensis* (sample size was not calculated to find differences between *Leishmania* species)



# Conclusions

- *We can improve existing tools by combining them.* The combination of **thermotherapy plus miltefosine** shown to be significantly better than TT alone for the treatment of uncomplicated CL in the New World
- *All AEs were classified as mild or moderate*
- Only one patient experienced a relapse between day 90 and day 180, supporting previous evidence that *reducing follow-up to day 90 for assessment of efficacy might be cost-effective*
- Limitation: no MLT monotherapy arm included in the study design
- Next step: a phase 3 study comparing the non-inferiority of the **combination of TT+MLT** against the current recommended treatment, sodium stibogluconate, and miltefosine monotherapy

# Thank you to the donors supporting DNDi's overall mission and the work on TT + MLT combination for CL

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