Long-term clinical outcomes in visceral leishmaniasis-HIV co-infected patients during and after

pentamidine secondary prophylaxis in Ethiopia: a single-arm clinical trial

Authors and affiliations

Ermias Diro,^{1,2} Koert Ritmeijer,³ Marleen Boelaert,² Fabiana Alves,⁴ Rezika Mohammed,¹

Charles Abongomera,⁵ Raffaella Ravinetto,² Maaike De Crop,² Helina Fikre,¹ Cherinet Adera,⁵ Harry van

Loen,² Achilleas Tsoumanis,² Wim Adriaensen,² Asrat Hailu,⁶ Johan van Griensven^{2,*}

¹ University of Gondar, Gondar, Ethiopia

² Institute of Tropical Medicine, Antwerp, Belgium

³ Médecins sans Frontières, Amsterdam, The Netherlands

⁴ Drugs for Neglected Diseases Initiative, Geneva, Switzerland

⁵ Médecins sans Frontières, Abdurafi, Ethiopia

⁶ School of Medicine, Addis Ababa University, Addis Ababa, Ethiopia

*Corresponding author:

Johan van Griensven

Department of Clinical Sciences

Institute of Tropical Medicine, Antwerp, Belgium

jvangriensven@itg.be; Cell phone +32470194515

Short title: pentamidine prophylaxis in VL-HIV

© The Author 2017. Published by Oxford University Press for the Infectious Diseases Society of

America.

This is an Open Access article distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs licence (http://creativecommons.org/licenses/by-nc-nd/4.0/), which permits non-commercial reproduction and distribution of the work, in any medium, provided the original work is not altered or transformed in any way, and that the work is properly cited. For commercial re-use, please contact journals.permissions@oup.com

Downloaded from https://academic.oup.com/cid/article-abstract/doi/10.1093/cid/cix807/4157546/Long-term-clinical-outcomes-in-visceral by guest

Brief summary: We conducted a single-arm clinical trial in Ethiopian visceral leishmaniasis-HIV patients using pentamide secondary prophylaxis. The two year risk of relapse was 37%. Patients reaching a CD4 cell count >200 cells/ μ L after 12 months of prophylaxis can safely discontinue pentamidine.

Abstract

Background: We have conducted a single-arm trial evaluating monthly pentamidine secondary

prophylaxis (PSP) to prevent visceral leishmaniasis (VL) relapse in Ethiopian HIV-patients. Outcomes at

12 months of PSP have been previously reported, supporting PSP effectiveness and safety. However,

remaining relapse-free after PSP discontinuation is vital. We now report outcomes and associated factors

for a period of upto 2.5 years after initiating PSP, including one year follow-up after PSP discontinuation.

Methods: The trial had three phases: 1) 12 months (M12) of PSP; 2) a 6-months PSP-extension period if

CD4 count ≤200cells/µl at M12; 3) 12-months follow-up after stopping PSP. The probability of relapse

and risk factors were calculated using Kaplan-Meier methods and Cox regression.

Results: For the 74 patients included, final study outcomes were: 39 (53%) relapse-free, 20 (27%) relapse,

five (7%) deaths, ten (14%) lost. The two-year risk of relapse was 36.9% (95% CI 23.4%-55.0%), highest

for those with a history of VL relapse and low baseline CD4 counts. 45 patients were relapse-free and in

follow-up at M12 of PSP. This included 28 patients with M12 CD4 counts >200cells/µl, remaining

relapse-free after PSP discontinuation. Amongst the 17 with M12 CD4 counts <200 cells/µl, one

relapsed and three were lost during the PSP-extension period. During one year post-PSP follow-up, two

patients relapsed and one was lost. No PSP-related serious adverse events were reported during the PSP-

extension/post-PSP follow-up period.

Conclusions: M12 CD4 counts >200 cells/µL seem safe to discontinue PSP. The management of those

failing to reach this remains to be defined.

Keywords: visceral leishmaniasis, HIV, pentamidine, secondary prophylaxis, relapse, Ethiopia

Background

Visceral leishmaniasis (VL) is a systemic infection caused by the Leishmania (L) donovani complex that

mainly affects the reticuloendothelial organs [1]. It is fatal without treatment. The disease is found in

about 70 countries, with six of them (India, Bangladesh, Brazil, Sudan, South Sudan and Ethiopia)

contributing to 90% of the global case load [2]. In the Mediterranean region and Latin America, where L

infantum is prevalent, transmission is zoonotic (i.e. infection is maintained in an animal reservoir). In the

Indian subcontinent and Eastern Africa, VL is caused by L donovani, and transmission is predominantly

anthroponotic (from human to human) [1].

In the era of HIV/AIDS, VL has emerged as an important opportunistic infection in endemic regions,

occurring in 35 countries [3]. The northwestern region of Ethiopia has a very high prevalence of HIV co-

infection among VL patients, in the range of 10-20% [4].

As both infections have a clear immunosuppressive nature and reside within similar host cells (e.g.

macrophages), marked synergistic effects have been observed. VL-HIV co-infected patients have a high

rate of death and VL treatment failure [3, 4]. There is also a very pronounced risk of VL relapse after

achieving apparent cure with VL treatment, estimated at 60-70% in a recent systematic review [5], highest

in patients with low CD4 cell counts or a history of (multiple) relapses [5].

For zoonotic VL, the use of secondary prophylaxis to prevent relapse of disease is recommended [3].

Current first-line drugs (sodium stibogluconate, liposomal amphotericin B, paromomycin, miltefosine)

have been used for secondary prophylaxis. For areas with anthroponotic transmission, the World Health

Organization (WHO) guidelines argue against using prophylaxis with these drugs, as the emergence and

spread of resistant parasites could compromise their efficacy [3, 6].

For this reason, we conducted a single-arm clinical trial using pentamidine, a drug that is currently not in

use for VL treatment in East Africa because of drug toxicity, but was found safe at prophylactic dosage

[7, 8]. Previously, we reported the outcomes at 12 months of pentamidine use, and our data were

supporting the effectiveness, safety, and feasibility of this intervention [9].

However, from the patient perspective, what really matters is remaining relapse-free after discontinuing

prophylaxis, and evidence is lacking on the duration of secondary prophylaxis and on CD4 counts level

indicating when prophylaxis can be safely discontinued. If the reduction in relapse with pentamidine

secondary prophylaxis (PSP) is negated by a subsequent increase in events after PSP discontinuation, the

ultimate clinical effect might be minimal. On the other hand, continuing prophylaxis for too long carries

the risk of additional drug-related adverse events and might compromise adherence. As VL-HIV

coinfection is a chronic condition, long-term follow-up of these patients is required, but such studies are

currently lacking at the global level.

In the present paper, we report on the long-term clinical outcomes (relapse and relapse-free survival) and

associated risk factors in VL-HIV co-infected patients observed for a period of up to 2.5 years after

initiating PSP, including a one-year period after PSP discontinuation. To the best of our knowledge, this

paper provides the longest and most complete follow-up data of VL-HIV co-infected patients ever

reported and is the first to report on the risk of relapse after discontinuing VL secondary prophylaxis.

Methods

Ethics statement

The trial protocol was approved by the Ethiopian regulatory authority, the National Research Ethics

Review Committee, the University of Gondar Institutional Review Board (IRB), the Ethics Review Board

of Médecins sans Frontières, the IRB of the Institute of Tropical Medicine, Antwerp and the Ethics

Committee of Antwerp University Hospital. Written informed consent was obtained from all participants.

The protocol was registered at Clinicaltrials.gov (code NCT01360762).

Study design

This was an open-label, single arm trial evaluating the effectiveness, safety and feasibility of monthly

pentamidine prophylaxis to prevent VL relapse in patients with HIV. The study had three phases, an

initial 12 months of monthly pentamidine prophylaxis (main study period), a six months treatment

extension period (with monthly pentamidine) for those who remained with CD4 counts ≤200 cells/µl at

12 months of PSP, and a subsequent 12 months follow-up after discontinuing PSP to assess the long-

term outcomes (see Figure 1). The findings of the first 12 months PSP period have been published before

[9].

Study setting

The study was conducted at the two main leishmaniasis treatment centers in Northwest Ethiopia, the

Leishmaniasis Research and Treatment Center at the University of Gondar (established by the Drugs for

Neglected Diseases initiative) and the Abdurafi Health Center (supported by Médecins sans Frontières).

For details of the HIV and VL diagnostic and treatment practices and study procedures, we refer to the

paper reporting on the 12 month outcomes [9].

Recruitment and follow-up

As reported before [9], there were three types of study participants considered at increased risk of relapse

and included in the trial. Patients presenting with active VL disease during the recruitment period

("current VL") were classified into two groups. Current primary cases were those presenting with VL

disease for the first time (first VL episode ever) before starting PSP, and current relapse cases were patients presenting with a previous history of VL (having had at least two VL episodes prior to starting PSP). The drugs used to treat VL were sodium stibogluconate alone or in combination with paromomycin and liposomal amphotericin B alone or in combination with miltefosine. The current primary VL cases were included in the study after VL cure if they had a CD4 cell count ≤200 cells/μl or had a WHO HIV/AIDS clinical stage 4 condition (other than VL) while the current relapse cases were included in the study regardless of the CD4 cell count and WHO stage. A third group of enrolled patients were those who were treated for VL before the start of the study recruitment but in HIV follow-up, who were defined as past VL cases and were included if their CD4 cell count was ≤200 cells/µl at the time of screening for the study or if they were in HIV/AIDS clinical stage 4 on presentation. All cases were included after ascertaining parasitological cure (no parasites on tissue aspirate microscopy). Renal dysfunction, diabetes, pregnancy and lactation, and chronic medical conditions were exclusion criteria [9]. As reported before [9], 4 mg/kg of pentamidine isethionate (provided by Sanofi-Aventis) was given intravenously every month for a minimal period of one year, which was extended to 18 months for patients who had CD4 count ≤200 cells/µl at the M12 visit. In addition, a clinical and laboratory evaluation was performed monthly [9]. Once 12-18 months prophylaxis PSP was completed, patients were followed every three months for one year (total maximum follow-up period of 24 to 30 months). During follow-up, clinical evaluation for VL relapse, adherence monitoring of antiretroviral therapy (ART), blood sugar and renal function assessments were conducted at every scheduled study visit. Patients were encouraged to visit the research site in between their scheduled appointments if they developed VL-suggestive symptoms. In case of suspicion of VL relapse, microscopic evaluation of tissue aspirates was done. CD4 count was done every sixth months [3]. HIV-1 viral load testing was done on indication.

Outcomes

For effectiveness, we report the risk of relapse, death, and loss to follow-up during the 6 month extension period and during the 12 months follow-up period after PSP discontinuation. Additionally, we report the overall patient outcomes across the entire study period, providing an assessment of their long-term

outcomes. For safety, we report pentamidine-related serious adverse events (SAEs) or pentamidine-

related adverse events (AEs) that led to the discontinuation of the drug during the 6 month extension

period and during the 12 months follow-up period after PSP discontinuation. An adverse event was

considered drug-related when the relationship was judged as possibly, probably or definitely related

according to the treating physician.

Statistical methods

The analysis of the PSP extension and post PSP follow-up period was mostly descriptive. Continuous

variables were summarized as medians and inter-quantile ranges (IQR) and categorical variables as counts

and percentiles. Effectiveness was summarized as cumulative incidence with 95% confidence intervals

(CI) and as Kaplan-Meier survival curves. In the main effectiveness analysis, relapse was taken as the

study outcome. In secondary analyses, the risk of relapse or death (relapse-free survival) and relapse with

the competing risk of death were the outcomes. In worst-case scenario analyses, patients lost to follow-up

were also considered as unfavorable outcomes combined with relapse only and with relapse-free survival.

Cox proportional hazard models were run to identify potential risk factors for the different outcomes.

The corresponding hazard ratios (HRs) and 95% CIs are reported. Predictors with a significant effect on

a 10% significant level in univariate analysis were used in the multivariate model, which was reduced by

backward elimination to retain those factors with a P-value < 0.05. The following predictors were

assessed in univariate analysis: age, sex, baseline CD4 count, a history of previous VL relapse, duration of

ART use and use of anti-tuberculous drugs at enrolment. The cumulative incidence of relapse, with death

as a competing risk was also calculated, sincestandard survival methods could lead to biased estimates

[18,19]. All statistical analyses were performed with Stata version 14.

Results

A total of 74 patients were included in the trial, 60 with current VL (25 with a primary VL episode, 35

with a VL relapse episode and 14 with past VL, see Figure 1). At 12 months after PSP initiation, 45

patient were still receiving PSP: 28 achieved a CD4 count above 200 cells/µl were relapse-free and

discontinued PSP, while 17 had a CD4 count ≤200 cells/µl and continued PSP for another six months.

The remaining cases relapsed (n=15), died (n=5), got lost to follow-up (n=7) or discontinued PSP (n=2),

see Figure 1.

Patients with a CD4 count ≤200 cells/µl at M12 tended to have a lower baseline CD4 count, a less

pronounced increase in CD4 count over the twelve months of PSP and were more likely to have been

enrolled after a VL relapse episode (Table 1).

Amongst the 17 patients needing prolonged PSP, one patient relapsed and three got lost to follow-up

during the six-month extension period.

The 41 patients who were relapse-free at the end of PSP administration (13 patients with a month 12

CD4 count ≤200 cells/µL and 28 with a month 12 CD4 count >200 cells/µL) were subsequently

followed every three months for 12 months after PSP discontinuation. All those who had a CD4 count

above 200 cells/µl by M12 of PSP survived without relapse. However, from the 13 patients with a CD4

count ≤200 by M12 of PSP (but were relapse free at the end of the M6 PSP extension), ten survived

without relapse, two relapsed and one got lost to follow-up after PSP discontinuation. For the two relapse

cases, the M18 CD4 count (at PSP discontinuation) was 176 cells/µl for one case and missing for the

other. For the ten patients that remained relapse free and in follow-up at month 30 (end of the study),

nine were above 200 cells/ μ l, and one was \leq 200 cells/ μ l.

There were no pentamidine-related SAEs or pentamidine-related AEs leading to PSP discontinuation of

the drug during the 6 month extension period and during the 12 months follow-up period after PSP

discontinuation. There were five pentamidine-related non-serious AEs during the 6 month extension

period (nasal congestion: 4; pain at the injection site: 1).

Relating to the 29 patients that had unfavorable outcomes by month 12, one patient that was lost to

follow-up came back with relapse and one discontinuing PSP (not related to safety) relapsed.

By the end of the study, 39 (53%) patients were relapse-free and alive, 20 (27%) had relapsed (including

two with subsequent death), five (7%) had died, and ten (14%) were lost to follow-up. Compared to those

remaining relapse-free, individuals with VL relapse during follow-up displayed a blunted CD4 count

recovery (Figure 2). The cumulative incidence of 'relapse' and 'relapse or death' by two years of follow-up

was 36.9% (95% confidence interval (CI) 23.4%-55.0%) and 41.7% (95% CI 28.2%-58.4%) respectively

(see Table 2 and Figure 3). Independent risk factors for relapse during the entire study period (during PSP

and during the one year post-PSP follow-up period) were a history of VL relapse before enrolment (HR

5.7 (95% CI 1.3-24.7)) and a CD4 count ≤100 cells/μL at enrolment (HR 4.8 (95% CI 1.9-12.1)) see

Table 3 and Figure 4, 5. The only statistically significant factor associated with unfavorable outcomes

(relapse or death) was a CD4 count \leq 100 cells/ μ L at enrollment (HR 4.8 (95% CI 2.1-10.9)).

Discussion

The ultimate goal of secondary prophylaxis in VL-HIV patients is not only to prevent relapse while on

the regimen, but patients should also remain relapse-free after stopping prophylactic treatment.

Consequently, long-term follow-up data are required. We reported before that with the use of a monthly

pentamidine infusion of 4 mg/kg in patients at high risk of relapse and death, 71% were relapse-free and

alive by 12 months [9].

The second part of the study, reported here, focused on the risk of relapse after PSP discontinuation and

the long-term clinical outcomes. The sample size was calculated based on the assumption of preventing

VL relapse in the first 12 months (main analysis). Due to deaths, losses to follow-up and relapse in the

initial follow-up period, the sample size was reduced for this second part of the analysis. Despite the

smaller sample size, a clear trend in the outcomes of patients with a CD4 count above and ≤200 cells/µl

was observed. As there were no relapses in those discontinuing PSP at month 12 with a CD count above

200 cells/μL, a threshold value of 200 cells/μL could be used as a marker for discontinuing secondary

prophylaxis. This is in line with international VL guidelines and also correlates with the recommendations

for other opportunistic infections [10, 11].

Those failing to achieve a CD4 count above 200 cells/µL at M12 remained vulnerable, with seven out of

17 patients relapsing or being lost to follow-up. While three patients were lost during the PSP extension

period, all others remained adherent to the monthly administration, and no (cumulative) toxicity was seen,

supporting the feasibility and acceptability of prolonged PSP. As there was no control group, we cannot

draw firm conclusions on the potential clinical benefit of PSP prolongation, although the fact that several

patients achieved a CD4 count >200 cells/µL after PSP prolongation and remained relapse-free

afterwards would suggest that extending secondary prophylaxis to allow further immune recovery might

be clinically relevant. Two patients relapsed after PSP discontinuation (the single available CD4 count

<200 cells/μL) suggesting that for vulnerable patients, failing to achieve good immune recovery, further

PSP extension could be considered on a case by case basis, if considered feasible, with close observation for side-effects.

The present data also provide a view on what can be expected with the current standard of care, which aims at achieving a parasitological cure after the VL episode, early initiation of effective ART and provision of secondary prophylaxis. While the relapse rate was reduced compared to historical data [5, 12], the overall long-term patient outcomes remain far from satisfactory. In a worst-case scenario (lost to follow-up=failure), relapse-free survival at two years would only be 48.4%. Factors contributing to the loss to follow-up include the high mobility of the study population, mainly consisting of migrant workers. We also selectively enrolled patients at high risk of relapse, which of course biases the results to higher failure rates. Nevertheless, additional interventions should be explored. As to relapse, most cases occurred within the first nine months. Ways to increase PSP efficacy should be explored, including starting PSP earlier after cure (instead of delaying for one month), higher doses and/or more frequent administration, or combination with an oral anti-leishmanial drug with moderate efficacy (e.g., azole drugs) [13]. Those patients with very low CD4 counts at the time of diagnosis had a higher risk of death and relapse, and even without relapse, several failed to achieve good CD4 recovery by 12 months. Thus, early HIV case detection and treatment before profound immunosuppression should be aimed for, as is currently considered within the HIV test- and-treat strategy.

We acknowledge several study limitations. We did not include a control arm as it was considered that all patients should benefit from secondary prophylaxis, in line with international guidelines [10], and as only one drug (pentamidine) that was not used for VL treatment was available in Ethiopia. Similarly, relating to discontinuing PSP, randomization to intervention or control would have been preferred, but the sample size for the second part of the analysis was relatively limited, and the high mobility of the study population resulted in some lost-to-follow-up. The study also has several strengths. Despite working in difficult and remote conditions with mobile populations, high-quality data could be obtained within a clinical trial setting as described previously [9]. This paper provides the most complete long-term follow-up information of VL-HIV co-infected patients ever reported. Additionally, it is the first to report on the risk of relapse after discontinuing VL secondary prophylaxis.

In conclusion, after 12 months, PSP can be safely discontinued in patients with a CD4 count above 200 cells/µL. For those failing to achieve this level, a six months treatment extension was found safe and feasible, although several patients were lost to follow-up and one relapse was seen during PSP extension and two after PSP discontinuation in this patient group. The risk of relapse was 36.9% at two years after PSP initiation. While clinical outcomes are better than in studies without prophylaxis, additional strategies to further improve long-term outcomes remain to be explored. Meanwhile, pentamidine secondary

prophylaxis should be considered for VL-HIV infected patients in areas with anthroponotic transmission.

Contributions

Conceived and designed the experiments: ED KR MB RR MDC RC HvL AT AH JvG. Performed the

experiments: ED KR MB FA RM CAb RR MDC HF CAd RC HvL AH JvG. Analyzed the data: ED MB

HvL AT JvG. Contributed reagents/materials/analysis tools: ED KR MB FA WA AH JvG. Wrote the

paper: ED KR MB FA WA RM CAb RR MDC HF CAd RC HvL AH JvG.

Acknowledgments

Special thanks go to Drs. Alan Pereira, Dhananjay Singh, Kolja Stille and Ahmed Abdi who have

contributed a lot to patient recruitment. We also highly appreciate the efforts of Celine Schurmans, Diana

Arango, Hanne Landuyt and Danielle van Melle for their contribution in monitoring and data cleaning,

Joris Menten for support in developing the protocol and statistical analysis and Sok Sopheak for

developing the database. We acknowledge the patients who volunteered to be part of this clinical trial.

Our appreciation also goes to the teams at University of Gondar Leishmaniasis Research and Treatment

Center (LRTC) and at Abdurafi Health Center who tirelessly supported us throughout this trial. Our

gratitude also goes to Sanofi-Aventis who donated the study drug, and to the Drugs for Neglected

Diseases initiative (DNDi) for their support of the LRTC.

Disclaimer

The funders of the study had no role in study design, data collection, data analysis, data interpretation, or

writing of the report. The corresponding author had full access to all the data in the study and had final

responsibility for the decision to submit for publication.

Funding

This trial was funded by the European Union Seventh Framework Program (FP7/2007-2013) under grant

agreement n° 305178 via the AfriCoLeish project. Additional funding was provided by the Department of

Economy, Science, and Innovation (EWI) of the Flemish government. ED has received a PhD

scholarship granted from the Belgian Directorate General for Development Cooperation under the ITM-

DGDC framework agreement FA-III and from the European Union Seventh Framework Programme

through the AfriCoLeish Project. CA has received a PhD scholarship granted from the European Union

Seventh Framework Program (FP7/2007-2013) under grant agreement n° 305178 via the AfriCoLeish

project.

Conflicts of interest

None

References

- 1. van Griensven J, Diro E. Visceral leishmaniasis. Infect Dis Clin North Am, **2012**; 26: 309-22.
- 2. Alvar J, Velez ID, Bern C, et al. Leishmaniasis worldwide and global estimates of its incidence. PLoS One, **2012**; 7: e35671.
- 3. Alvar J, Aparicio P, Aseffa A, et al. The relationship between leishmaniasis and AIDS: the second 10 years. Clin Microbiol Rev, **2008**; 21: 334-59.
- 4. Diro E, Lynen L, Ritmeijer K, Boelaert M, Hailu A, van Griensven J. Visceral Leishmaniasis and HIV coinfection in East Africa. PLoS Negl Trop Dis, **2014**; 8: e2869.
- 5. Cota GF, de Sousa MR, Rabello A. Predictors of visceral leishmaniasis relapse in HIV-infected patients: a systematic review. PLoS Negl Trop Dis, **2011**; 5: e1153.
- 6. WHO. Control of the leishmaniasis. Report of a meeting of the WHO Expert Committee on the Control of Leishmaniases, Geneva, 22–26 March 2010. WHO technical report series 9492010.
- 7. Perez-Molina JA, Lopez-Velez R, Montilla P, Guerrero A. Pentamidine isethionate as secondary prophylaxis against visceral leishmaniasis in HIV-positive patients. AIDS, **1996**; 10: 237-8.
- 8. Patel TA, Lockwood DN. Pentamidine as secondary prophylaxis for visceral leishmaniasis in the immunocompromised host: report of four cases. Trop Med Int Health, **2009**; 14: 1064-70.
- 9. Diro E, Ritmeijer K, Boelaert M, et al. Use of Pentamidine As Secondary Prophylaxis to Prevent Visceral Leishmaniasis Relapse in HIV Infected Patients, the First Twelve Months of a Prospective Cohort Study. PLoS Negl Trop Dis, **2015**; 9: e0004087.
- 10. CDC. Panel on Opportunistic Infections in HIV-Infected Adults and Adolescents. Guidelines for the prevention and treatment of opportunistic infections in HIV-infected adults and adolescents: recommendations from the Centers for Disease Control and Prevention, the National Institutes of Health, and the HIV Medicine Association of the Infectious Diseases Society of America 2013.
- 11. Aronson N, Herwaldt BL, Libman M, et al. Diagnosis and Treatment of Leishmaniasis: Clinical Practice Guidelines by the Infectious Diseases Society of America (IDSA) and the American Society of Tropical Medicine and Hygiene (ASTMH). Am J Trop Med Hyg, **2017**; 96: 24-45.

- 12. ter Horst R, Collin SM, Ritmeijer K, Bogale A, Davidson RN. Concordant HIV infection and visceral leishmaniasis in Ethiopia: the influence of antiretroviral treatment and other factors on outcome. Clin Infect Dis, **2008**; 46: 1702-9.
- 13. Colakoglu M, Fidan Yaylali G, Yalcin Colakoglu N, Yilmaz M. Successful treatment of visceral leishmaniasis with fluconazole and allopurinol in a patient with renal failure. Scand J Infect Dis, **2006**; 38: 208-10.

Table 1: Baseline and follow-up characteristics of visceral leishmaniasis (VL)-HIV co-infected patients with favorable outcomes by 12 months of pentamidine secondary prophylaxis in Ethiopia, 2011-2015 (N=45)

| Characteristics | Total | CD4 >200 cells/μL by | CD4 ≤200 cells/μL | |
|--|---------------|----------------------|---------------------|--|
| | (n=45) | 12 months (n=28) | by 12 months (n=17) | |
| Baseline (Month 0) | | | | |
| Age; years – median (IQR) | 31 (27-36) | 31 (27-37) | 32 (27-35) | |
| Male sex; n (%) | 43 (96) | 26 (93) | 17 (100) | |
| VL relapse prior to enrolment; | 23 (51) | 13 (46) | 10 (59) | |
| n (%) | | | | |
| Baseline CD4 cell count; | 146 (112-197) | 170 (131-206) | 114 (85-181) | |
| $cells/\mu l-median \; (IQR)^1$ | | | | |
| Time on ART at PSP start, n | | | | |
| (%) | | | | |
| ≤ 6 months | 39 (87) | 24 (86) | 15 (88) | |
| > 6 months | 6 (13) | 4 (14) | 2 (12) | |
| Body mass index $\leq 16 \text{ kg/m}^2$, | 12 (27) | 6 (21) | 10 (59) | |
| median (IQR) | | | | |
| Spleen size, n (%) | | | | |
| non-palpable | 17 (39) | 11 (41) | 6 (35) | |
| < 5 cm | 9 (20) | 5 (18) | 4 (23) | |
| ≥ 5 cm | 18 (41) | 11 (41) | 7 (41) | |
| Parasite grading at latest VL | 11 (32) | 6 (27) | 5 (42) | |
| episode before PSP of 6+, n | | | | |
| (%)3 | | | | |
| Month 12 of PSP | | | | |
| Body mass index $\leq 18.5 \text{ kg/m}^2$ | 19 (42) | 11 (39) | 8 (47) | |
| Spleen size, n (%) | | | | |
| non-palpable | 24 (53) | 17 (61) | 7 (41) | |
| < 5 cm | 18 (40) | 9 (32) | 9 (53) | |
| ≥ 5 cm | 3 (7) | 2 (7) | 1 (6) | |
| CD4 cell count; cells/µl – | 264 (173-331) | 323 (265-413) | 159 (110-184) | |
| median (IQR); | | | | |
| Change in CD4 count from | 84 (-5; 176) | 136.5 (84; 197) | 0 (-24; -80) | |

| baseline (median) IQR; | | | | | |
|---|---------|--------|--|--|--|
| \leq 10 PSP doses taken, n (%) 8 (18) | 1 (4) | 7 (41) | | | |
| End of PSP extension period | | n=13 | | | |
| relapse-free group (M18) | | | | | |
| ≤ 200 cells/µl, n (%) | NA | 5 (38) | | | |
| > 200 cells/μl, n (%) | NA | 4 (31) | | | |
| Missing | NA | 4 (31) | | | |
| End of post-treatment | n=28 | n=10 | | | |
| follow-up period relapse-free | | | | | |
| group | | | | | |
| ≤ 200 cells/µl | 1 (4) | 1 (10) | | | |
| > 200 cells/µl | 27 (96) | 9 (90) | | | |
| Missing | 0 | 0 | | | |

¹ at PSP start; n=43

 $^{^2}$ Month 30 for those with six months PSP extension, month 24 for those with CD4 count above 200 cells/ μ l at M12 PSP.

³ Only for current VL cases

Table 2. Probabilities of unfavorable outcomes at different months after starting pentamidine secondary prophylaxis (PSP) in visceral leishmaniasis (VL)-HIV coinfected patients, Ethiopia 2011-2015 (N=74)

| | | | OUTCOME | | _ |
|----------|------------------|------------------|------------------|------------------|------------------|
| | Relapse | Relapse | Relapse or | Relapse or | Relapse, death, |
| | | (CR) | LTFU | death | or LTFU |
| Months | Cumulative | Cumulative | Cumulative | Cumulative | Cumulative |
| after | incidence (95% |
| starting | CI) | CI) | CI) | CI) | CI) |
| PSP | | | | | |
| 3 | 7.3 (3.1-16.6) | 7.0 (2.6-14.5) | 11.1 (5.7-21.1) | 11.1 (5.7-21.0) | 14.9 (8.5-25.2) |
| 6 | 11.8 (6.1-22.2) | 11.3 (5.3-19.9) | 16.8 (9.9-27.7) | 15.4 (8.9-26,2) | 20.3 (12.7-31.3) |
| 12 | 22.7 (14.3-34.9) | 21.5 (12.8-31.8) | 32.8 (23.1-45.1) | 28.6 (19.4-40.7) | 37.8 (27.9-31.3) |
| 24 | 36.9 (23.4-55.0) | 34.7 (20.3-49.4) | 47.6 (34.3-63.0) | 41.7 (28.2-58.4) | 51.6 (38.6-66.0) |

CI: confidence interval; CR: competing risks analysis; LTFU: loss to follow-up

Table 3. Risk factors for relapse and relapse or death for the entire study period in visceral-leishmaniasis (VL)-HIV co-infected patients, Ethiopia 2011-2015 (N=74)

| Predictors | Death or relapse | | Relapse | |
|--------------------------------------|------------------|----------------|----------------|----------------|
| | Crude HR | Adjusted HR | Crude HR | Adjusted HR |
| | (95% CI) | (95% CI) | (95% CI) | (95% CI) |
| Sex | | | | |
| Female | 1 | | 1 | |
| Male | 0.9 (0.1-6.7) | | 0.7 (0.1-5.3) | |
| Age (years) | | | | |
| < 35 | 1 | | 1 | |
| ≥ 35 | 1.0 (0.1-2.1) | | 1.2 (0.5-2.9) | |
| Body mass index at | | | | |
| enrolment | | | | |
| $\geq 18.5 \text{ kg/m2}$ | 1 | | 1 | |
| > 18.5 kg/m2 | 1.1 (0.4-2.7) | | 0.8 (0.3-2.5) | |
| Spleen size (cm) | | | | |
| Non-palpable | 1 | | 1 | |
| < 5 | 0.6 (0.2-1.8) | | 0.6 (0.2-1.9) | |
| ≥ 5 | 0.8 (0.3-1.8) | | 0.5 (0.2-1.3) | |
| VL status at enrolment | | | | |
| Primary VL | 1 | | 1 | 1 |
| VL relapse | 2.2 (0.9-5.5) | | 6.3 (1.5-27.1) | 5.7 (1.3-24.7) |
| ART duration at | | | | |
| enrolment (n=73) | | | | |
| \leq 6 months | 1 | | 1 | |
| > 6 months | 1.9 (0.8-4.5) | | 5.2 (1.5-17.8) | |
| CD4 cells at baseline | | | | |
| (n=71) | | | | |
| $> 100 \text{ cells/}\mu\text{L}$ | 1 | 1 | 1 | 1 |
| $\leq 100 \text{ cells/}\mu\text{L}$ | 4.8 (2.1-10.9) | 4.8 (2.1-10.9) | 5.0 (2.0-12.5) | 4.8 (1.9-12.1) |
| Anti-tuberculosis | | | | |
| treatment | | | | |
| No | 1 | | 1 | |
| Yes | 1.5 (0.4-5.0) | | 1.9 (0.6-6.6) | |

ART: antiretroviral treatment; CI: confidence interval; HR: hazard ratio

Legends to Figures

Fig 1. Flow chart showing the recruitment process and patient outcomes in the pentamidine

secondary prophylaxis (PSP) trial to prevent visceral leishmaniasis (VL) relapse in Ethiopian

visceral leishmaniasis (VL)-HIV co-infected patients, 2011-2015) (N=74). The trial had three

periods: the main treatment period (12 months), a six months treatment extension period for those failing

to achieve a CD4 count > 200 cells/µL by 12 months, and a one year post-treatment period. FU: follow-

up; LTFU: lost to follow-up; M: month

Figure 2. CD4 evolution after starting pentamidine secondary prophylaxis for Ethiopian visceral

leishmaniasis (VL)-HIV co-infected patients that relapsed or remained relapse free, 2011-2015

(N=74). The evolution of CD4 counts over time was displayed using the non-parametric LOWESS

smoothing method (lowess command in STATA).

Figure 3. Probability of relapse during and after pentamidine secondary prophylaxis in Ethiopian

visceral leishmaniasis (VL)-HIV co-infected patients, 2011-2015 (N=74).

Figure 4. Probability of relapse by history of visceral leishmaniasis (VL) during and after

pentamidine secondary prophylaxis (PSP) for patients in Ethiopian VL-HIV co-infected

patients, 2011-2015 (N=74). Starting PSP after primary VL refers to "current" or "past" cases of VL

starting prophylaxis after having suffered a first episode of VL. Those with a history of VL relapse when

starting PSP were patients that had suffered at least two episodes of VL before starting prophylaxis.

Figure 5. Probability of relapse by baseline CD4 count during and after pentamidine secondary

prophylaxis for patients in Ethiopian visceral leishmaniasis (VL)-HIV co-infected patients, 2011-

2015 (N=74)

Figure 1.

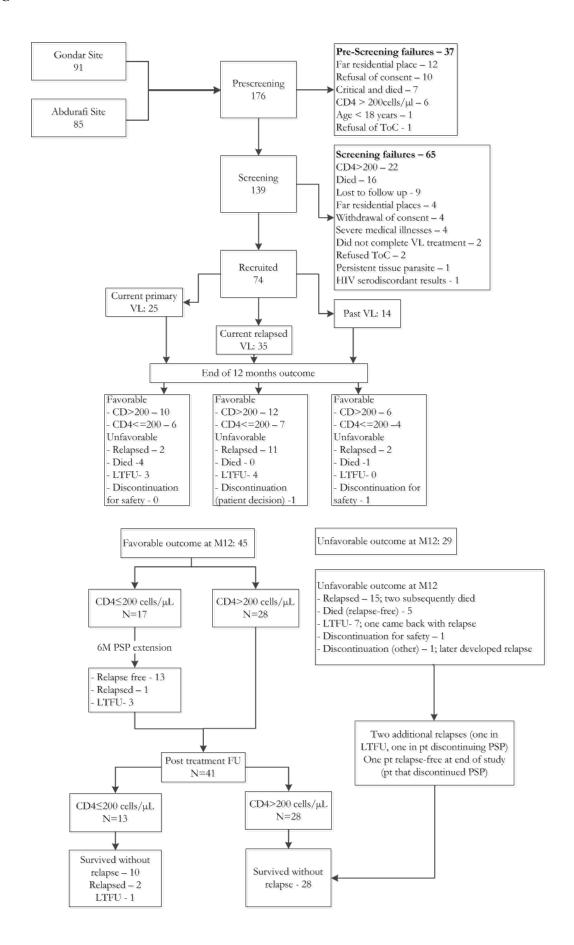


Figure 2.

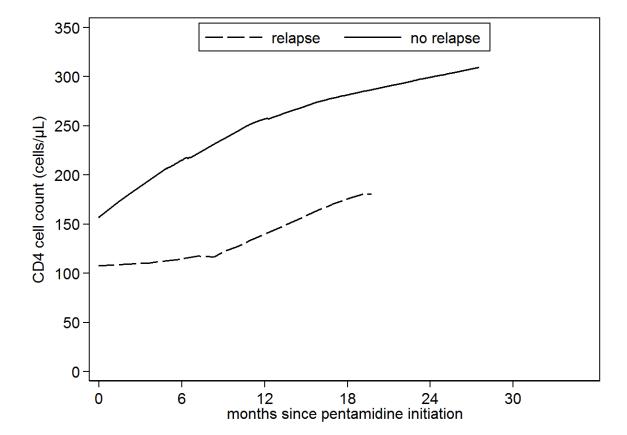


Figure 3.

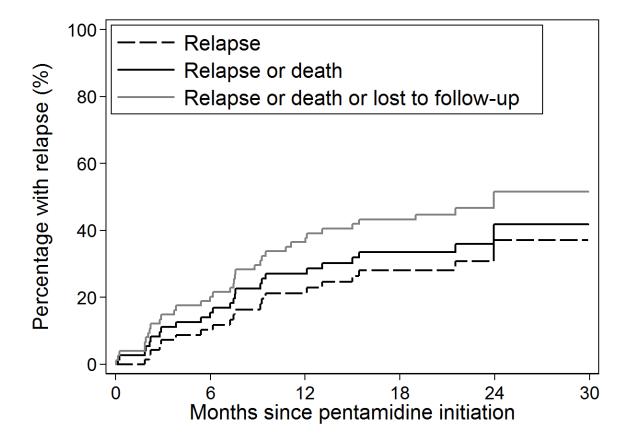


Figure 4.

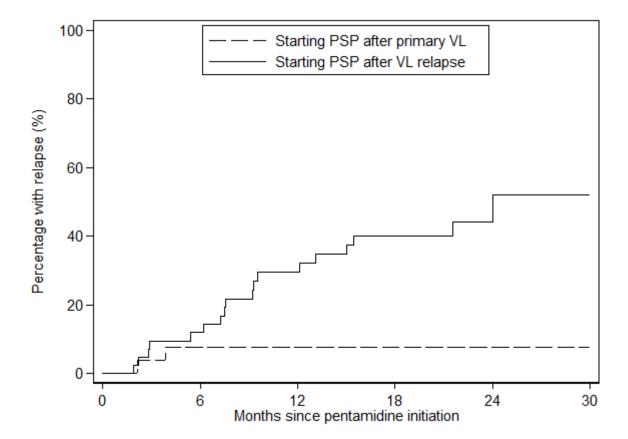


Figure 5.

