1	SAMBA HIV semi-quantitative test, a new point-of-care viral load monitoring assay
2	for resource-limited settings.
3	
4	Allyson V Ritchie ^a , Ines Ushiro-Lumb ^{b*} , Daniel Edemaga ^c , Hrishikesh A Joshi ^{a*} ,
5	Annemiek De Ruiter ^d , Elisabeth Szumilin ^c , Isabelle Jendrulek ^d , Megan McGuire ^c , Neha
6	Goel ^a , Pia I Sharma ^{a*} , Jean-Pierre Allain ^e , Helen H Lee ^a #
7	
8	Diagnostic Development Unit, Dept of Haematology, University of Cambridge,
9	Cambridge, UKa., Barts and The London NHS Trust, London, UKb., Médecins Sans
10	Frontières, Rue Sabin, Paris, France ^{c.} , Department of Genitourinary Medicine and HIV,
11	Guy's and St Thomas' NHS Foundation Trust, London, UK ^{d.} , Division of Transfusion
12	Medicine, Dept of Haematology, University of Cambridge, Cambridge, UK ^{e.}
13	
14	Running Title: SAMBA HIV-1 Semi-Q evaluation
15	
16	#Address correspondence to Helen H. Lee, <u>h1207@cam.ac.uk</u>
17	*present address: Ines Ushiro-Lumb, NHS Blood and Transplant, London, UK. Hrishikesh
18	A. Joshi, BlueGnome, Cambridge, UK. Pia I Sharma, Technical University, Munich,
19	Germany.
20	

22 Abstract

23 Routine viral load (VL) testing of HIV-infected individuals on antiretroviral therapy (ART) 24 is used to monitor treatment efficacy. However, due to logistical challenges, 25 implementation of VL has been difficult in resource-limited settings. The aim of this study 26 was to evaluate the performance of the SAMBA Semi-Q Test in London, Malawi, and 27 Uganda. The SAMBA HIV-1 Semi-Q Test can distinguish between patients with VL above 28 or below 1000 copies/ml. The SAMBA Semi-Q was validated with diluted clinical samples 29 and blinded plasma samples collected from HIV-1-positive individuals. SAMBA Semi-Q 30 results were compared with results from the Roche COBAS AmpliPrep/COBAS TagMan 31 HIV-1 Test v2.0. Testing of 96 2-10 fold dilutions of four samples containing HIV-1 32 subtype C as well as 488 samples from patients in the United Kingdom, Malawi, and 33 Uganda, respectively, yielded an overall accuracy for SAMBA Semi-Q of 99% (95% CI 93.8-99.9%) and 96.9% (95% CI 94.9-98.3%) respectively compared to Roche. 34 35 Analysis of VL data from patients in Malawi and Uganda showed that the SAMBA cut-off 36 of 1000 copies/ml appropriately distinguished treated from untreated individuals. 37 Furthermore, analysis of the viral load of 232 patients on ART in Malawi and Uganda 38 revealed similar patterns for virological control defined as either <1000 copies/ml 39 (SAMBA cut-off) or <5000 copies/ml (WHO 2010 criterion). This study suggests that 40 SAMBA Semi-Q has adequate concurrency with the gold standard measurements for viral 41 load measurement. This test can allow VL monitoring of patients on ART at the point of 42 care in resource-limited settings.

43

44

Introduction

45 There have been steady improvements in scaling-up access to antiretroviral therapy (ART) 46 in resource-limited countries.(1) There appears to be fewer new infections and AIDS 47 related deaths have decreased over the past decade. While these achievements are 48 remarkable, there remains a large unmet need, given that 34 million people are living with 49 HIV/AIDS globally; most of whom live in sub-Saharan Africa. 50 51 Effective ART not only improves the survival of individuals infected with HIV but also 52 prevents transmission.(2) The global public health community is therefore committed to 53 achieving universal access to HIV treatment, with a target of increasing the availability of 54 ART to 15 million people by the end of 2015.(3) Effective ART suppresses HIV 55 replication, which is measured through plasma viral load (VL), specifically looking at 56 potential adherence or treatment failure. VL monitoring prolongs the duration on first-line 57 regimens by preventing unnecessary switches in ART to more complex and expensive 58 second-line regimens that result in increased costs and decrease in drug options (4, 5) and 59 can reduce the delay in switching to second-line drugs or patient counseling, resulting in 60 better patient outcomes.(6, 7) Studies have shown that sites with VL monitoring have lower mortality rates (6) and better justification of switching to 2nd line drug regimens than at 61 62 sites using only CD4. (4) 63 64 Quantitative VL is the standard of care for patients receiving ART in resource-rich 65 settings.(8, 9) In resource-poor settings, however, laboratory diagnostics are often only 66 available at centralized laboratories in major cities due to the complexity of the technology,

the infrastructure and trained personnel required for the tests.(10-12) As ART programs

have scaled up, there has been a significant effort to decentralize care to local primary health centers, which have basic services and limited infrastructure. To access VL testing, peripheral HIV-treatment facilities must transport patient specimens to central laboratories under optimal conditions within a limited period of time, followed by testing and return of results. This results in increased costs of service delivery and unacceptable delays in obtaining test results with consequent losses to follow-up.(13) A priority focus area of the Treatment 2.0 initiative is therefore the development of affordable, reliable, quality-assured, point-of-care molecular diagnostic platforms. (14)

SAMBA (Simple Amplification-Based Assay) HIV-1 Semi-quantitative Test (SAMBA HIV-1 Semi-Q) has been developed as a robust, simple, and relatively rapid point-of-care test to distinguish between patients with a VL above or below 1000 copies/ml within 90 minutes. The main advantages of SAMBA include visual detection of the result and robust reagents, which are stable at high temperatures and humidity. All reagents required are preloaded in single-use, disposable cartridges to ensure that the system is easy to use and to prevent potential contamination of the laboratory with amplified product. The chemistry is based on the SAMBA Qualitative Test and can therefore detect all known HIV-1 subtypes. (15) In consultation with experts in the field of ART provision in low and middle income countries (LMIC), Médecins Sans Frontières (MSF) concluded that a viral load of 1000 copies/ ml was the level most frequently used as the trigger for clinical intervention. Furthermore, the threshold for detecting treatment failure was lowered in South Africa in April 2010 from 5000 to 1000 copies/ml and this has been implemented at various South African sites. (5, 16). WHO also updated their guidelines in June 2013 and now define

treatment failure as a persistently detectable viral load exceeding 1000 copies/ml, (8) rather than 5000 copies/ml. (17) Ideally, patients on ART for more than 6 months with a VL >1000 copies/ml should be counseled for adherence and retested three months later as per the WHO guidelines. If the VL remains >1000 copies/ml at follow-up, this may indicate treatment failure. Therefore, it is important that patients with VL ≥ 1000 copies/ml are detected by SAMBA Semi-Q. On the other hand, it is also important that individuals with low VL are not detected as such results may be due to "blips". VL blips are defined as intermittent episodes of detectable low VL (50-1000 copies), which return to undetectable without any intervention. (18, 19) This study evaluated the accuracy and performance of the SAMBA HIV-1 Semi-Q Test with a cut-off of 1000 copies/ml compared to gold standard viral load testing.

Methods

Determination of VL with SAMBA HIV-1 Semi-Q

RNA was extracted from 200 μ l of plasma using the SAMBA sample-preparation instrument, SAMBAprep (Figure 1A). The result was read visually after isothermal amplification and dipstick detection within the SAMBAamp instrument (Figure 1A). The presence of a control line indicates a valid test and the test line on the dipstick indicates a VL of >1000 copies/ml, whereas the absence of the test line indicates a VL of <1000 copies/ml. The absence of both lines indicates an invalid test (Figure 1B). This assay does not detect HIV-2 and should not be used for diagnosis of HIV-1 infection.

113	Preparation of dilution panels of HIV-1 subtype C samples for validation of the
114	SAMBA HIV-1 Semi-Q cut-off of 1000 copies/ml
115	We obtained four surplus samples from blood donors identified as positive for antibodies to
116	HIV-1 from the National Blood Transfusion Centre in Windhoek, Namibia. Viral
117	genotyping and VL quantification of the samples with the Roche COBAS
118	AmpliPrep/COBAS TaqMan HIV-1 Test v2·0 (Roche TaqMan v2) were performed at The
119	Royal London Hospital. Serial 2-10 fold dilutions of the four samples were prepared in
120	HIV-negative plasma to achieve HIV-1 RNA concentrations ranging from 3 (0.48 log ₁₀) to
121	222,238 (5.35 log ₁₀) copies/ml according to the quantification by Roche TaqMan v2. Four
122	replicates of each dilution were tested with the SAMBA HIV-1 Semi-Q by two operators
123	in-house to assess the precision and accuracy of the test. A total of 96 dilutions were tested.
124	
125	Data analysis
126	The limit of accuracy for Roche TaqMan $v2$ is ± 0.3 log_{10} relative to the VL readout
127	obtained, according to the package insert. For the purpose of the present study, we therefore
128	considered that any VL quantification by Roche TaqMan v2 within 0.3 log ₁₀ of the
129	SAMBA HIV-1 Semi-Q cut-off of 1000 (3 log ₁₀) copies/ml, corresponding to a range of
130	500 to 2000 copies/ml, was concordant with the SAMBA HIV-1 Semi-Q result.
131	
132	In-house blinded testing of clinical samples
133	Plasma samples from 134 HIV-1-infected individuals attending The Royal London
134	Hospital (34 patients) or St Thomas' Hospital (100 patients) in London were rendered
135	anonymous and provided blinded. The plasma samples were stored at -80°C until tested in-

136	house with the SAMBA HIV-1 Semi-Q Test. Roche TaqMan v2 results and HIV-1 subtype
137	information (if available) were provided by both hospitals after the SAMBA HIV-1 Semi-Q
138	testing was completed. In addition, two EQA subtype panels from Rush University
139	RNA004XPA and RNA004XPB, containing 84 samples per panel including subtypes A,
140	A/E, A/G, C, D, F and G at 2,500 and 25,000 copies/ml were tested blinded in-house.
141	
142	Field-testing of SAMBA HIV-1 Semi-Q in Malawi and Uganda
143	Field-testing of the SAMBA HIV-1 Semi-Q Test was performed at ART provision program
144	centers run by MSF in Malawi (Chiradzulu District Hospital) and Uganda (Arua Regional
145	Referral Hospital). The Chiradzulu HIV program, which was established in 2000 and
146	currently monitors 25,000 patients on ART, has been described in detail previously.(20, 21)
147	The HIV program in Arua was established in 2002 and follows 7000 HIV-infected
148	individuals on ART.(22)
149	
150	Samples were collected both from consecutive patients attending the HIV clinics, on ART
151	and pre-ART patients, in order to obtain a wide range of VLs. Plasma was separated from
152	whole blood specimens (10 ml) within 4 hours of collection and tested fresh. In Malawi, the
153	first 117 samples were sent to Cambridge for testing while the local technician was trained.
154	The remaining 83 samples were tested on-site by a trained MSF technician. In Uganda, the
155	first 120 samples collected were tested on-site by the MSF technician, and the remaining 34
156	samples were shipped to Cambridge for testing due to time constraints. All 354 samples
157	from Malawi and Uganda were tested with Roche TaqMan v2 at The Royal London
158	Hospital. In the case of discrepancy between Roche TaqMan v2 and SAMBA Semi-Q,

remaining frozen plasma was tested using Abbott RealTime HIV-1 Assay (Abbott RealTime) by an independent laboratory.

Analysis of VL distribution among patients in Malawi and Uganda according to

available clinical information

Patient records were accessed, after consent was obtained, for the 354 patients in Malawi and Uganda and were analyzed after all testing was complete. The VL of the 284 treated patients was compared with that of the 70 treatment-naïve individuals in order to determine the VL spread. In addition, the VL of 232 patients on ART for 0.5 to 9 years was stratified according to treatment duration and used to compare the number of individuals defined as virologically suppressed according either to the 2010 WHO guidelines or to the SAMBA HIV-1 Semi-Q cut-off.

Research ethics

The study was performed in accordance with the Declaration of Helsinki. Ethical approval was obtained from the National Health Sciences Research Committee, Ministry of Health and Population, for Chiradzulu Hospital (Malawi), from the Uganda National Council for Science and Technology for Arua District Hospital (Uganda), and from the Research Ethics Committee, NRES-London, for St Thomas' Hospital (United Kingdom). Nucleic acid testing of blood donor samples is approved in Namibia, and the four donors in the present study were informed of potential additional testing. Surplus samples obtained from patients known to be infected with HIV-1 and submitted to The Royal London Hospital for routine monitoring were retrieved before being discarded, rendered anonymous and provided

blinded for the purpose of test validation; the use of samples in this manner, strictly for the purpose of diagnostic assay validation, does not fall under the requirements of research ethics for the organizations in which they originated.

Results

185

186

Validation of the accuracy of the SAMBA HIV-1 Semi-Q cut-off

187 All 52 dilutions of the four Namibian samples (all HIV-1 subtype C) containing >1000 188 (>3.0 log₁₀) copies/ml according to Roche TaqMan v2 were correctly identified as such 189 with SAMBA Semi-Q, and 43 of 44 (98%) dilutions containing <1000 copies/ml according 190 to Roche TagMan v2 were similarly correctly identified by SAMBA Semi-Q (Table 1). 191 One of the dilutions that tested negative by SAMBA Semi-Q but according to Roche 192 TaqMan v2 should contain 1211 (3.08 log₁₀) copies/ml and two of the dilutions found to be 193 positive by SAMBA Semi-Q that should contain 606 (2.78 log₁₀) copies/ml according to 194 Roche TaqMan v2 were considered concordant because of the accuracy limits of the 195 TaqMan assay (see Methods). Therefore, the overall concordance between SAMBA HIV-1 196 Semi-Q and Roche TaqMan v2 for these 96 sample dilutions was 99% (95/96; 95% CI, 197 93.8-99.9).

198

199

200

201

202

203

204

205

206

207

Specificity

The specificity of the SAMBA HIV-1 assay was evaluated by testing 216 HIV-1 seronegative plasma patient specimens. The assay was not reactive for all 216 specimens and the SAMBA HIV-1 assay specificity was calculated to be 100% (216/216), (95% CI 98.6 to 100%). The specificity of the SAMBA HIV-1 Test was further evaluated using a panel of 43 specimens obtained from samples containing the following viruses, microrganisms or antibodies from autoimmune disorders: Hepatitis A (2 samples), Hepatitis B (24 samples), Hepatitis C (3 samples), CMV (2 samples) and 1 sample of each of HIV-2, HTLV I, HTLV II, Syphilis, anti-nuclear antibodies (ANA), Chlamydia

230

208 trachomatis, Neisseria gonorrhoeae, Propiobacterium acnes, Staphylococcus aureus, 209 Candida albicans, Staphylococcus epidermis, Streptococcus pyogenes. All tested negative 210 by SAMBA. 211 212 **Potentially interfering substances** 213 The susceptibility of the SAMBA Semi-Q test to interference by elevated levels of 214 endogenous substances and drugs commonly prescribed to HIV-1 infected individuals was 215 evaluated. HIV-1 negative samples and samples containing 1,000 and 2,000 IU/ml of HIV-216 1 RNA were tested in the presence of the following substances: Hemoglobin (500 mg/dL), 217 Triglycerides (3000 mg/dL), Bilirubin (20 mg/dL) and Human DNA (0.4 mg/dL). No 218 interference in the performance of the SAMBA Semi-Q test was observed. Testing of ART 219 drugs at concentrations in excess of 1.5 times the peak plasma level (C_{max}) was performed 220 using the following: Abacavir/Lamivudine, Efavirenz/Tenofovir/Emtricitabine, 221 Lopinavir/Ritonavir, Lamivudine/Zidovudine, Nevirapine, Ribavirin and Saquinavir. No 222 interference on the performance of the SAMBA Semi-Q test was observed. 223 224 In-house blinded testing of clinical samples 225 A total of 134 HIV-1-positive plasma samples from 100 male and 34 female patients 226 attending two London hospitals were tested with the SAMBA HIV-1 Semi-Q Test in a 227 blinded manner in-house. SAMBA Semi-Q was concordant with Roche TaqMan v2 for 131 228 of the 134 samples when four specimens (VL of 800, 948, 1285, and 1507 copies/ml

respectively) were considered concordant because of the accuracy limits of the TaqMan

assay (Table 2). One of 35 samples found to contain >2000 (3.3 log₁₀) copies/ml by Roche

231 TaqMan v2 was negative by SAMBA Semi-Q (2508 copies/ml), and 2 of 95 samples found 232 to contain <500 (2.7 log₁₀) copies/ml by the Roche TaqMan assay tested positive by 233 SAMBA Semi-Q (53 and 252 copies/ml). The concordance between SAMBA HIV-1 Semi-234 Q and Roche TagMan v2 was thus 97.8% (131/134; 95% CI, 93.3–99.5). Viral subtype data 235 provided for 76 of these samples after the SAMBA HIV-1 Semi-Q testing was completed 236 revealed a distribution of 44.7% subtype B; 18.4% C; 10.5% CRF02 AG; 5.3% A; 2.6% 237 CRF01 AE, F, G, G/CRF02 AG, CRF11 cpx/CRF13 cpx and A/AE; 1.3% D, 238 CRF06 cpx, D/A and D/F. The subtypes for only two of the three discrepant samples (B 239 and A/D) were available. In addition, a blinded EQA subtype panel provided by Rush 240 University was tested and all 168 samples (84 at 2,500 and 84 at 25,000 copies.ml), 241 including subtypes A, CRF01_AE, CRF02_AG, C, D, F and G, were successfully detected 242 by SAMBA.

243

244

Field-testing of SAMBA HIV-1 Semi-Q in Malawi and Uganda

245 A total of 200 samples collected in Chiradzulu, Malawi, were from 72 men and 128 246 women, with the patients ranging in age from 18 to 61 years. Four patients were assigned 247 an ID but withdrew from the study with no sample being collected. The 154 samples 248 collected in Arua, Uganda, were from 68 men and 86 women, with ages ranging from 18 to 249 71 years. Overall, 70 patients (19.8%) were ART naïve and 284 (80.2%) had been on ART 250 for a period of 1 month to 10 years at the time of testing.

251

252 A total of 196 of the 200 samples collected in Malawi were correctly classified by SAMBA

253 HIV-1 Semi-Q (Table 2), with five samples (VLs of 601, 651, 922, 1539, and 1599 254 copies/ml) being included as concordant because of the accuracy limits of Roche TagMan 255 v2. For Uganda, 146 of the 154 samples were concordant between SAMBA HIV-1 Semi-Q 256 and Roche TaqMan v2, with one sample (VL of 1061 copies/ml) being classified as such as 257 a result of the accuracy limits of the TaqMan assay. The concordance between SAMBA 258 HIV-1 Semi-Q and Roche TaqMan v2 was thus 96.6% overall, 98.0% in Malawi, and 259 94.8% in Uganda (Table 2). 260 261 Taking into consideration all data, 18 samples (5%) were discrepant between SAMBA and 262 Roche, including six samples within the $\pm 0.3 \log_{10}$ of the SAMBA Semi-Q cut-off. Twelve 263 of the 354 samples (3.4%) were truly discordant, with a VL outside of the $\pm 0.3 \log_{10}$ 264 accuracy of the SAMBA Semi-Q cut-off. These 12 samples (four from Malawi and eight 265 from Uganda) included seven found to contain <500 (2.7 log₁₀) copies/ml and five found to 266 contain >2000 (3.3 log₁₀) copies/ml by Roche TaqMan v2 (Figure 2 and Table 2). These 12 267 discordant samples were retested with Abbott RealTime at one of two independent 268 laboratories and in a blinded manner with regard to the SAMBA HIV-1 Semi-Q and Roche 269 TaqMan v2 results. The Abbott RealTime results were concordant with the Roche TaqMan 270 v2 results for 10 of the 12 samples (Figure 2). Two of the original five discrepant samples 271 found to contain >2000 (3.3 log₁₀) copies/ml by Roche TaqMan v2 were found to contain 272 <1000 copies/ml by Abbott RealTime. 273

274

Analysis of VL distribution among African patients according to available clinical

275 information

The VL of the 284 treated patients from Malawi and Uganda ranged from 0 to 2.6×10^6 copies/ml, whereas that of the 70 treatment-naïve individuals ranged from 1.2×10^2 to >1.0 x 10^7 copies/ml (Figure 3). In both Malawi and Uganda, the SAMBA Semi-Q cut-off value of 1000 copies/ml clearly separated individuals in the untreated group from those in the treated group.

The VL results obtained with Roche TaqMan v2 for 232 patients on ART for 0.5 to 9 years were stratified according to duration of therapy, and virological suppression was defined as either <1000 copies/ml (SAMBA HIV-1 Semi-Q cut-off) or <5000 copies/ml (2010 WHO guidelines) (Figure 4). With either definition, 93.8% of individuals manifested virological suppression after 0.5 to 1 year on treatment. The percentage of individuals with suppression fluctuated between 80.6 and 96.0% (1000 copies/ml definition) or between 83.9 and 96.0% (5000 copies/ml definition) for treatment durations of 1 to 9 years. Similar results were obtained with the two definitions of virological suppression because only six individuals (2.6%) on treatment for 0.5 to 9 years had a VL between these two values.

Discussion

The SAMBA HIV-1 Semi-Q cut-off was validated for accuracy in comparison with the Roche TaqMan v2 test with the use both of diluted clinical samples and of blinded plasma samples in-house and in the field in two public-sector ART provision programs in Africa. This study demonstrated that the SAMBA HIV-1 Semi-Q Test is able to effectively differentiate between patients with a VL above or below the defined threshold of 1000 copies/ml. The current gold-standard VL assays have a given accuracy acceptance criterion

300

301

302

303

304

305

306

307

308

309

310

311

312

313

314

315

316

317

318

319

320

321

of $\pm 0.3 \log_{10}$ for Roche TaqMan v2 and $\pm 0.25 \log_{10}$ for Abbott RealTime relative to the nominal input concentration.(23) For the present evaluations, we selected Roche TaqMan v2 as the gold standard as it is more widely used. Any samples found to contain 500 to 2000 (2.7 log₁₀ to 3.3 log₁₀) copies/ml by this assay were therefore considered concordant with the SAMBA result, given that the true VL might lie on either side of the cut-off. A dilution series for four samples containing HIV-1 subtype C tested by two operators revealed excellent concordance (99.0%). The subtype coverage of SAMBA was evaluated using a blinded EQA panel from Rush University, which SAMBA detected 100% of the samples including subtype A, CRF01 AE, CRF02 AG, C, D, F and G. The SAMBA HIV-1 Semi-Q cut-off was further validated in-house with a blinded panel of clinical samples, including HIV-1 subtypes A-G and a range of recombinants, yielding an accuracy of 97.8%, showing that the accuracy extends over a wide variety of viral subtypes. The reproducibility and accuracy of the SAMBA HIV-1 Semi-Q Test with fresh clinical samples collected in the field were evaluated by a trained field technician in each of two public-sector ART provision programs in Malawi and Uganda. The data were again compared with Roche TaqMan v2 results, revealing an overall concordance of 96.6%. In total, the concordance of SAMBA HIV-1 Semi-Q with Roche TaqMan v2 as determined with clinical samples from London and Africa was 97.3% (568/584; 95% confidence interval, 95.6–98.3), indicating that the performance of the SAMBA HIV-1 Semi-O Test is in line with that of the available commercial assays. Importantly, SAMBA Semi-Q was performed on-site in Malawi and Uganda by trained MSF technicians, showing that it is simple enough to serve as an appropriate diagnostic platform for use in district hospitals in sub-Saharan Africa.

Our data suggest that SAMBA HIV-1 Semi-Q, with its cut-off of 1000 (3 log₁₀) copies/ml, is likely to prove a useful tool for assessment of the efficacy of ART and for identifying patients either who have developed virological failure and possible antiretroviral resistance or who have been infected with a drug-resistant strain of HIV-1. This cut-off level should also help to minimize unnecessary treatment switching due to viral blips. In addition, given that the test can be performed in the field within 90 minutes, the patient can remain on-site and appropriate action can be taken during the same visit. This is hugely beneficial, given the fact that patients frequently face very long journeys to and from the health centers. In Khayelitsha, South Africa, the ability of ART to reduce VL to an undetectable level was found to correlate with the timing of viral detection and the subsequent treatment adherence support provided. [4] The availability of an easy-to-use, semi-quantitative, and inexpensive rapid test to detect virological failure would therefore be expected to make an important contribution to optimization of first- and second-line treatment in resource constrained countries. (7)

Our analysis of VL distribution in African patients indicated that the SAMBA HIV-1 Semi-Q cut-off is able to reliably differentiate patients on effective ART from non-treated patients as well as identifying patients with virological failure according to current WHO guidelines. Analysis of the VL of 232 patients on ART for 0.5 to 9 years showed that the temporal pattern for virological failure as defined in the SAMBA HIV-1 Semi-Q model and current WHO guideline (>1000 copies/ml) was highly similar to that observed with the 2010 WHO guidelines (>5000 copies/ml).

One key advantage of the SAMBA system is that it relies on visual detection of nucleic acid on a test strip, with a readout similar to that of an HIV antibody rapid test. The processed test strip can be shown to the patient as a reinforcement tool. However, although the difference in signal strengths between positive and negative results for SAMBA HIV-1 Semi-Q is greater than that seen with many rapid tests, there remains the possibility of transcription errors or misinterpretation of results by operators in the field. This limitation will be overcome by the development of SAMBA 2, a fully integrated system in the form of a small bench-top instrument, into which the sample is introduced and the result appears on a screen or be printed on paper.

SAMBA HIV-1 Semi-Q is a semi-quantitative test for differentiation between patients with a VL above or below 1000 copies/ml, which may be regarded as a limitation of the assay given that currently available commercial tests provide a numerical readout. Although these readouts appear accurate, the accuracy of the results differs between tests, being $\pm 0.3 \log_{10}$ for Roche TaqMan v2 and $\pm 0.25 \log_{10}$ for Abbott RealTime. Furthermore, the Abbott assay consistently reads lower than the Roche test, (23) which was apparent in our analysis of discrepant samples. These VL numbers can be useful for tracking the initial virological response of individuals to treatment and are routinely reported to patients in industrialized countries. However, in LMICs, where mass treatment-monitoring is required but is currently not available, the main need of the clinician is to identify individuals who are not responding to treatment and act accordingly as soon as possible. MSF have implemented

SAMBA Semi-Q for routine use at one site in Arua and two sites in Chiradzulu since
August 2013. Patients are monitored twice per year and results are given at the same visit.

Those with a VL >1000 copies/ml are counseled for adherence reinforcement and if they
still have a viral load >1000 copies/ml at the next visit they are switched to second-line
therapy.

373	Acknowledgements
374	This work was funded by grants from the Wellcome Trust (Award number: RG47055) and
375	the National Institutes of Health (Award number: HHSN27220900028C).
376	
377	We are grateful to Dr R Wilkinson from the Namibian National Blood Service who
378	generously provided units of HIV-1 positive deferred blood donors.
379	
380	HHL, AVR, HAJ, NG, PIS and J-PA from the University of Cambridge are consultants and
381	hold equity in a spin-off company, Diagnostics for the Real World Ltd, which markets the
382	SAMBA technology developed at the university. The University of Cambridge and the
383	Wellcome Trust are also equity holders of DRW. The remaining authors declare no such
384	conflicts.

385	Refer	rences
386	1.	WHO 2013, HIV/AIDS: data and statistics. [Online.]
387	2.	Cohen MS CY, McCauley M, Gamble T, Hosseinipour MC, Kumarasamy N,
388		Hakim JG, Kumwenda J, Grinsztejn B, Pilotto JH, Godbole SV, Mehendale S,
389		Chariyalertsak S, Santos BR, Mayer KH, Hoffman IF, Eshleman SH,
390		Piwowar-Manning E, Wang L, Makhema J, Mills LA, de Bruyn G, Sanne I,
391		Eron J, Gallant J, Havlir D, Swindells S, Ribaudo H, Elharrar V, Burns D,
392		Taha TE, Nielsen-Saines K, Celentano D, Essex M, Fleming TR; HPTN 052
393		Study Team. 2011. Prevention of HIV-1 infection with early antiretroviral therapy.
394		New England Journal of Medicine 365: 493-505.
395	3.	United Nations. 2011. Political declaration on HIV/AIDS: Intensifying our efforts
396		to elimiate HIV/AIDS.
397	4.	Rawizza HE, Chaplin B, Meloni ST, Eisen G, Rao T, Sankale JL, Dieng-Sarr
398		A, Agbaji O, Onwujekwe DI, Gashau W, Nkado R, Ekong E, Okonkwo P,
399		Murphy RL, Kanki PJ. 2011. Immunologic criteria are poor predictors of
400		virologic outcome: implications for HIV treatment monitoring in resource-limited
401		settings. Clin Infect Dis 53:1283-1290.
402	5.	Fox MP CG, Giddy J, Maskew M, Keiser O, Prozesky H, Wood R, Hernán
403		MA, Sterne JA, Egger M, Boulle A; for the IeDEA-SA collaboration. 2012.
404		Rates and Predictors of Failure of First-line Antiretroviral Therapy and Switch to
405		Second-line ART in South Africa. JAIDS 60: 128-437.
406	6.	Keiser O, Chi BH, Gsponer T, Boulle A, Orrell C, Phiri S, Maxwell N, Maskew
407		M, Prozesky H, Fox MP, Westfall A, Egger M. 2011. Outcomes of antiretroviral

408		treatment in programmes with and without routine viral load monitoring in Southern
409		Africa. AIDS 25: 1761-1769.
410	7.	Lawn SD, Bekker LG, Calmy A, Wood R. 2008. Monitoring of antiretroviral
411		therapy in low-resource settings. Lancet 372: 287-288; author reply 289.
412	8.	WHO. 2013. Consolidated ARV guidelines, Geneva.
413	9.	Gallant J, Mehta SH, Sugarman J. 2013. Universal antiretroviral therapy for HIV
414		infection: should US treatment guidelines be applied to resource-limited settings?
415		Clin Infect Dis. 57: 884-887.
416	10.	Stephenson J. 2002. Cheaper HIV drugs for poor nations bring a new challenge:
417		monitoring treatment. JAMA 288:151-153.
418	11.	Fiscus SA, Cheng B, Crowe SM, Demeter L, Jennings C, Miller V, Respess R,
419		Stevens W. 2006. HIV-1 viral load assays for resource-limited settings. PLoS Med
420		3: e417.
421	12.	Usdin M, Guillerm M, Calmy A. 2010. Patient needs and point-of-care
422		requirements for HIV load testing in resource-limited settings. J Infect Dis 201
423		Suppl 1: S73-77.
424	13.	Calmy A KE, Teck R, Berman D, Pécoul B, Ferradini, Laurent, C. 2004.
425		Simplifying and adapting antiretroviral treatment in
426		resource-poor settings: a necessary step to scaling up. AIDS 18:2353-2360.
427	14.	WHO, UNAIDS. 2011. The treatment 2.0 framework for action: catalysing the next
428		phase of treatment, care and support. World Health Organization, Geneva.

429	15.	Lee HH, Dineva MA, Chua YL, Ritchie AV, Ushiro-Lumb I, Wisniewski CA.
430		2010. Simple amplification-based assay: a nucleic acid-based point-of-care platform
431		for HIV-1 testing. J Infect Dis 201 Suppl 1:S65-72.
432	16.	National Department of Health SA. 2010. Clinical Guidelines for the
433		Management of HIV&AIDS in Adults and Adolescents
434	17.	WHO. 2010. Antiretroviral therapy for HIV infection in adults and adolescents:
435		recommendations for a public health approach. Wold Health Organisation, Geneva.
436	18.	Lee PK, Kieffer TL, Siliciano RF, Nettles RE. 2006. HIV-1 viral load blips are of
437		limited clinical significance. J Antimicrob Chemother 57: 803-805.
438	19.	Nettles RE KT, Kwon P, Monie D, Han Y, Parsons T, Cofrancesco J Jr,
439		Gallant JE, Quinn TC, Jackson B, Flexner C, Carson K, Ray S, Persaud D,
440		Siliciano RF. 2005. Intermittent HIV-1 viremia (Blips) and drug resistance in
441		patients receiving HAART. JAMA 293:817-829.
442	20.	Ferradini L, Jeannin A, Pinoges L, Izopet J, Odhiambo D, Mankhambo L,
443		Karungi G, Szumilin E, Balandine S, Fedida G, Carrieri MP, Spire B, Ford N,
444		Tassie JM, Guerin PJ, Brasher C. 2006. Scaling up of highly active antiretroviral
445		therapy in a rural district of Malawi: an effectiveness assessment. Lancet 367:1335-
446		1342.
447	21.	McGuire M, Munyenyembe T, Szumilin E, Heinzelmann A, Le Paih M,
448		Bouithy N, Pujades-Rodriguez M. 2010. Vital status of pre-ART and ART
449		patients defaulting from care in rural Malawi. Trop Med Int Health 15 Suppl 1:55-
450		62

151	22.	Ahoua L GG, Pinoges L, Anguzu P, Chaix ML, Le Tiec C, Balkan S, Olson D,
152		Olaro C, Pujades-Rodríguez M. 2009. Risk factors for virological failure and
153		subtherapeutic antiretroviral drug concentrations in HIV-positive adults treated in
154		rural northwestern Uganda. BMC Infect Dis 9.
155	23.	van Rensburg EJ TK, Watt A, Schall R. 2011. Comparative evaluation of the
156		Roche Cobas AmpliPrep/Cobas TaqMan HIV-1 version 2 test using the TaqMan 48
157		analyser and the Abbott RealTime HIV-1 assay. Journal of Clinical Microbiology
158		49: 377-379.
159		
160		

Table 1. Validation of the SAMBA HIV-1 Semi-Q cut-off with diluted plasma samples
 containing HIV-1 subtype C.

1	_	٠,
L	n	~
1	v	J

	HIV-1 RNA	Positive SAMBA HIV-1 Semi-Q
Sample	(copies/ml)	result (>1,000 copies/ml)
	151,114	100%
	15,111	100%
4	1511	100%
1	756	0%
	151	0%
	15	0%
_	30,543	100%
	3054	100%
2	1527	100%
2	305	0%
	31	0%
	3	0%
	222,238	100%
	22,224	100%
3	2222	100%
	1111	100%
	222	25%

	22	0%
	121,102	100%
	12,110	100%
4	1211	75%
4	606	50%
	121	0%
	12	0%

Four plasma samples were serially diluted to achieve concentrations of viral RNA ranging

from 3 (0·48 \log_{10}) to 222,238 (5·35 \log_{10}) copies/ml according to quantification with

Roche TaqMan v2. Four replicates of each dilution were tested with SAMBA HIV-1 Semi-

468 Q.

Table 2. Comparison of SAMBA HIV-1 Semi-Q and Roche TaqMan v2 results for 488
 clinical samples from London (n=134), Malawi (n =200) and Uganda (n = 154).

1	1	- 1
T	,	_

SAMBA Semi-Q	Roche TaqMan v2 (copies/ml)	
(copies/ml)		
London	<1000	>1000
<1000	95	1
>1000	2	36
Malawi		
<1000	146	0
>1000	4	50
Uganda		
<1000	91	5
>1000	3	55

473 Concordance between the two tests was 96.9% (473/488) overall, 97.8% (131/134) in

474 London, 98.0% (196/200) in Malawi, and 94.8% (146/154) in Uganda.

475

477	Figure 1: SAMBA I system
478	A. SAMBA I instruments, SAMBAprep (right) and SAMBAamp (left) instruments
479	B. SAMBAamp cartridge showing results for (i) >1,000 copies/ml, (ii) < 1,000 copies/ml
480	and (iii) invalid.
481	
482	Figure 2. Field-testing algorithm for SAMBA HIV-1 Semi-Q with 354 samples collected in
483	Malawi and Uganda and summary of results. All samples were tested with SAMBA HIV-
484	Semi-Q and Roche TaqMan v2. Twelve samples were discrepant between SAMBA and
485	Roche and were tested with Abbott RealTime. Ten of the twelve samples were discrepant
486	between SAMBA and Abbott, two were discrepant between Abbott and Roche.
487	
488	Figure 3. Distribution of VL among 284 patients receiving ART and 70 untreated
489	individuals in Malawi and Uganda. VL was determined with Roche TaqMan v2.
490	
491	Figure 4. Virological suppression according to the SAMBA HIV-1 Semi-Q cut-off and
492	2013 WHO guidelines (1000 copies/ml) or 2010 WHO guidelines (5000 copies/ml) in 232
493	patients on ART for various number of years in Uganda and Malawi.







